

## Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: January 8, 2020

Start Time: 10:00 am

Location: Shauck Auditorium, East Pavilion of Carroll Hospital, 291 Stoner Avenue, Westminster

Chairperson: Jim McCarron

Vice-Chair: Dan Andersen

Topic	Discussion
<b>Attendance</b>	<b>Dan Andersen, Dan Bowler, Doc Doxzen, Art Frotton, Gail Gannon, Heather Hughes, Diann Linton, Jim McCarron, Rich Ottone, Commissioner Ed Rothstein, Celene Steckel, Leslie Wagner, Carol Wheatley</b>
<b>Acronyms</b>	<b>AAA</b> - Area Agency on Aging, <b>ADA</b> - American's w/Disabilities Act, <b>ADL</b> - Activities of Daily Living, <b>AIP</b> – Aging in Place, <b>BCC</b> – Board of County Commissioners, <b>BOAD</b> - Bureau of Aging and Disabilities, <b>COAD</b> – Commission on Aging and Disabilities, <b>CDSMP</b> – Chronic Disease Self-Management Program, <b>CTS</b> – Carroll Transit System, <b>CIL</b> - Center for Independent Living, <b>MDH</b> - Maryland Department of Health , <b>FFP</b> – Federal Financial Participation, <b>LTAC</b> – Long Term Advisory Council, <b>LTCO</b> - Long Term Care Ombudsman, <b>M4A</b> - Maryland Association of Area Agencies on Aging, <b>MAP</b> - Maryland Access Point, <b>MFP</b> -Money Follows the Person, <b>MOU</b> – Memorandum of Understanding, <b>MWOA</b> - Medicaid Waiver for Older Adults, <b>NED</b> - Non-Elderly Disabled, <b>NFCSP</b> - National Family Caregiver Support Program, <b>OAA</b> - Older Americans Act, <b>OHCQ</b> - Office of Health Care Quality, <b>SALGHS</b> - Senior Assisted Living Group House Subsidy program, <b>SHIP</b> - State Health Insurance Program, <b>SIP</b> - Senior Inclusion Program, <b>SMP</b> - Senior Medicare Patrol, <b>SPDAP</b> - Senior Prescription Drug Assistance Program, <b>VTV</b> – Village to Village, <b>WEAAD</b> – World Elder Abuse Awareness Day.
<b>Call to Order and Establishment of Quorum- Jim McCarron</b>	Jim McCarron called the meeting to order and everyone introduced themselves. A quorum was established with seven members present.
<b>Commissioner's Comments – Commissioner Ed Rothstein</b>	Commissioner Rothstein shared the first part of revising the zoning plan has been completed and next will be Residential. This will involve community input. Residential zoning includes adult living units, such as in-law apartments. Review of the new budget will begin in March. Both Commissioner Wantz and he will be attending legislative session in Annapolis every Wednesday. He will make it a priority to attend the COAD meeting in March. He shared that Christine Kay, Director of Citizen Services has accepted the same position in Frederick County and the new Acting Director will be Celene Steckel and the new Acting Bureau Chief of Aging & Disabilities will be Gina Valentine.
<b>Approval of Minutes – Jim McCarron</b>	Jim requested approval of the November 2019 minutes as submitted. Dan Andersen motioned 1 <sup>st</sup> and Doc Doxzen 2 <sup>nd</sup> for approval. All were in favor to approve as submitted.

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<p><b>Old Business</b> – Jim McCarron</p>	<ul style="list-style-type: none"> <li>• Chamber of Commerce had a kick-off event for the State Legislative Session. There was discussion on the impact of the funding for educational studies in Carroll County (Kirwan) and concern that there will not be funding available for senior issues. Commissioner Rothstein advised everyone to take the opportunity to make the delegation, commissioners and COAD members aware of specific concerns.</li> <li>• Hermine Saunders reached out to Celene to let her know that she will be unable to participate this year with the COAD.</li> <li>• Trailblazer bus routes are changing. CTS will be making presentations to the Senior Center managers in January and will schedule times to present directly to center attendees shortly thereafter.</li> <li>• Commissioner Rothstein held a town hall at the South Carroll Senior &amp; Community Center in December as well as at other senior housing communities in his district. He is willing to go to the other senior centers and senior housing communities not in his district to discuss county issues and would also coordinate with the commissioner of that district to attend.</li> <li>• Val is currently at a nursing home and is slated to return home this week. He is looking forward to returning to SIP and the COAD. Staff and the community have given him much support and outreach.</li> </ul>
<p><b>New Business</b> – Jim McCarron</p>	<p><u>Director of Citizen Services Transition</u> – As announced by Commissioner Rothstein earlier, Celene will be the Acting Director of Citizen Services and Gina Valentine the Acting Bureau Chief of Aging &amp; Disabilities. Gina will attend the COAD in that capacity. Celene will be working out of the Distillery Building, can still be contacted via the 410-386-3800 number and will continue to attend COAD meetings. Best wishes for Christine Kay in Frederick County. Many thanks to her for her leadership and the great improvements she has made.</p> <p><u>Carroll Together/AIP Sub-Committee Update</u> – Leadership for this sub-committee has transferred to Dan Andersen, however Jim will still be attending. Dan reminded everyone the reason for the group’s name. Carroll Together denotes making Carroll County a community for all ages and abilities. First on their agenda will be to embark on the Age Friendly designation, an AARP initiative. They will work on that process and compile questions and concerns regarding zoning. It is timely that residential zoning is next in the planning revision process. Jim McCarron shared that Maryland is #50 as the best place to retire and noted that is not representative of Carroll County. The Age Friendly designation aligns with the vision of the Board of County Commissioners.</p>

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	<p><u>Communities for Life Update</u> – Dan stated that it does not need to be a standing agenda item. Hal has left MDoA and there is no new status or new programs in the State. Celene informed the Commission that CFL is still a major initiative for Secretary Kramer for 2020. The Association for AAA Directors will be attending the State Session on January 29 and welcome clients and stakeholders to support and give feedback on the initiative. Heather Hughes and Dan both stated that a future presentation on the Hopkins program CAPABLE would be appropriate. Cecil County Habitat for Humanity has been providing this program in their community. A custom plan for participants is created with an Occupational Therapist, Handyman and Nurse.</p> <p><u>Marketing for Vacancies</u> – Leslie informed the group that the community of Hampstead has an opening as well as an adult with a disability or a representative of adults with disabilities. Carol Wheatley recommended contacting the Center for Independent Living or DORS.</p> <p><u>Change in Meeting Location</u> – Leslie distributed a list with upcoming meeting dates and times with locations at the East Pavilion. A change was made due to issues with acoustics in the Multi-Purpose Room at the Westminster Senior &amp; Community Center.</p>
<p><b>Bureau of Aging &amp; Disabilities</b> – Celene Steckel</p>	<p><u>Staffing</u></p> <ul style="list-style-type: none"> <li>• Nancy Ensor has retired and Mary Jane Overby has moved from the Waiver program to the Senior Care/Caregiver Program to replace Nancy.</li> <li>• SIP is still interviewing for the 18 hour/week aide position.</li> <li>• The Waiver program is going before the Commissioners tomorrow to discuss structure and staffing. During the transition of Mary Jane’s caseload to current staff, they will be discussing increasing current full-time waiver positions from 32 to 40 hours a week.</li> </ul> <p><u>Senior Inclusion Program</u></p> <ul style="list-style-type: none"> <li>• Will go before the Commissioners later in January for license renewal.</li> <li>• Will present to the Commissioner their plan to go from 25 to 30 attendees. SIP members attend the senior centers as interest allows. The challenge is working with CTS for transportation. The SIP program manager attends the Senior Center Managers meetings. SIP is interested in opening their activities to other programs such as Target, ARC, CHANGE-Penn Mar. Dan B. would like to assist in coordinating the groups with the Senior Centers. At the next Allied Agencies meeting Penn Mar will be presenting about their merger and their</li> </ul>

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	<p>final rule transition. It was recommended to have CHANGE-Penn Mar present at the March COAD meeting. Dan B shared that he is on the Legislative Advocacy Group at Penn Mar. In addition to attending session in Annapolis they write letters. There is concern that money will be cut from their funding due to Kirwan recommendations. Commissioner Rothstein noted that Carroll County is meeting the Kirwan funding amounts, as opposed to difficulties that other counties are facing.</p> <p><u>Alzheimer’s Association</u> – Will be having their Longest Day Walk in Westminster on Saturday, June 20, 2020. It will begin at the Westminster Senior &amp; Community Center and loop to the Farm Museum. Volunteers will be needed.</p> <p><u>World Elder Abuse Awareness Day Events</u> – “Last Will and Embezzlement” will be aired at the Town Mall theater on Monday, June 15, 2020. AARP is sponsoring this as well as a Shred Event in the parking lot immediately following the movie. There will be Fraud Bingos at various senior apartment complexes around Carroll County in May.</p> <p><u>Seniors on the Go Expo</u> – Will be Wednesday, April 15, 2020 from 9am to 2pm in the Shipley Arena of the Carroll County Ag Center. AARP will have a pop-up interactive booth on Livability Communities. COAD will have sign-ups for those interested in making Carroll County an Age Friendly community. It was recommended to have VA Health and Veterans Burial Info at the Expo. Leslie will look into.</p> <p><u>Senior &amp; Community Centers</u></p> <ul style="list-style-type: none"> <li>• Registered Dietician at the Taneytown and Westminster locations have been successful.</li> <li>• Stepping Up Your Nutrition workshops at the centers. Dates will be coordinated soon.</li> <li>• Rec &amp; Parks have senior fitness classes and will be marketing to center attendees.</li> <li>• Legal Aid has scheduled their 2020 events and visits.</li> <li>• There are still blood pressure monitors at the centers to be distributed to those who meet the criteria.</li> </ul> <p><u>Ombudsman</u></p> <ul style="list-style-type: none"> <li>• Gathering data to be reported to National Ombudsman Resources.</li> <li>• Hosting a 4-day training at the Westminster Senior &amp; Community Center for 6 to 8 potential volunteers.</li> </ul> <p><u>2020 Census</u> – Volunteers are still being sought. A Taneytown Senior &amp; Community Center member speaks on the impact of the center in her life in a video that will be aired at the centers.</p>
<p><b>Area Reports</b> – COAD Members</p>	<p><u>Doc Doxzen, Manchester</u> – Manchester is the safest town in Maryland.</p> <p><u>Jim McCarron, Taneytown</u> – Writing a Golden Years Column for the Taneytown newspaper.</p>

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	<u>Hermine</u> – reported by Celene that Hermine has offered to continue being a resource for the COAD via her monthly article in the Carroll County Times.
<b>Next Meeting Date</b>	<b>The next meeting date is Wednesday, March 11, 2020 at 10:00 a.m. at Shipley Room #2 in the East Pavilion of Carroll Hospital, 291 Stoner Avenue, Westminster.</b>