

## Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: July 28, 2021

Start Time: 10:00 am

Location: Hybrid – In person at Westminster Senior & Community Center (125 Stoner Avenue, Westminster) and Virtual on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Carol Wheatley

Topic	Discussion
<b>Attendance</b> – COAD members in bold	Amy Baker, Lisa Carroll, <b>Doc Doxzen</b> , Dave Drezner, <b>Art Frotton</b> , <b>Lauren Hickey</b> , <b>Brian Keseling</b> , Bobbie Lawrence, <b>Diann Linton</b> , <b>Jim McCarron</b> , <b>Tara McMullen</b> , Rich Ottone, Celene Steckel, <b>Cheryl Steinbacher</b> , Gina Valentine, Leslie Wagner, Commissioner Steve Wantz, <b>Carol Wheatley</b> , Lou Yeager, <b>Marisa Zaccagnini</b>
<b>Acronyms</b>	<b>AAA</b> - Area Agency on Aging, <b>ADA</b> - American’s w/Disabilities Act, <b>ADL</b> - Activities of Daily Living, <b>AIP</b> – Aging in Place, <b>BCC</b> – Board of County Commissioners, <b>BOAD</b> - Bureau of Aging and Disabilities, <b>COAD</b> – Commission on Aging and Disabilities, <b>CDSMP</b> – Chronic Disease Self-Management Program, <b>CTS</b> – Carroll Transit System, <b>CIL</b> - Center for Independent Living, <b>DSS</b> – Department of Social Services, <b>FFP</b> – Federal Financial Participation, <b>HSP</b> – Human Services Programs of Carroll County, <b>LTAC</b> – Long Term Advisory Council, <b>LTCOP</b> - Long Term Care Ombudsman Program, <b>M4A</b> - Maryland Association of Area Agencies on Aging, <b>MAP</b> - Maryland Access Point, <b>MASCC</b> – Mt. Airy Senior & Community Center, <b>MDH</b> - Maryland Department of Health, <b>MDoA</b> – Maryland Department of Aging, <b>MFP</b> -Money Follows the Person, <b>MOU</b> – Memorandum of Understanding, <b>MWOA</b> - Medicaid Waiver for Older Adults, <b>NCSCC</b> – North Carroll Senior & Community Center, <b>NED</b> - Non-Elderly Disabled, <b>NFCSP</b> - National Family Caregiver Support Program, <b>OAA</b> - Older Americans Act, <b>OHCQ</b> - Office of Health Care Quality, <b>SALS</b> - Senior Assisted Living Subsidy program, <b>SCSCC</b> – South Carroll Senior & Community Center, <b>SHIP</b> - State Health Insurance Assistance Program, <b>SIP</b> - Senior Inclusion Program, <b>SMP</b> - Senior Medicare Patrol, <b>SPDAP</b> - Senior Prescription Drug Assistance Program, <b>TSCC</b> – Taneytown Senior & Community Center, <b>VTV</b> – Village to Village, <b>WEAAD</b> – World Elder Abuse Awareness Day, <b>WSCC</b> – Westminster Senior & Community Center.
<b>Call to Order/Introductions</b> - Jim McCarron	Jim McCarron called the meeting to order and welcomed everyone.
<b>Establishment of a Quorum</b> – Jim McCarron	A quorum was established with ten members present.
<b>Approval of Minutes</b> – Jim McCarron	Jim requested approval of the May 2021 minutes as submitted. Doc Doxzen made the motion and Diann Linton gave second for approval. All were in favor to approve as submitted.
<b>Commissioner’s Comments</b> –	Closely following the new Delta strain and recommends everyone to get vaccinated. They have completed the budget process. Currently working on legislation for the coming year. Anything pertinent to aging and disabilities

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<p>Commissioner Steve Wantz</p>	<p>please contact him or Celene. There was a question regarding in-law apartments. That is something that is handled on a local level and not in Annapolis. Celene and Gina have been working with various departments and agencies and there are a lot of moving pieces to having laws changed for zoning such as in-law apartments. They will be hosting another meeting to continue the discussion.</p>
<p><b>Bureau of Aging &amp; Disabilities</b></p>	<p>Current BOAD Operations – Gina Valentine:</p> <ul style="list-style-type: none"> <li>• Fully operational – appointments are not required but are requested.</li> <li>• Staff has been out in the community with visits and outreach.</li> </ul> <p>Senior Centers’ Operations – Rich Ottone:</p> <ul style="list-style-type: none"> <li>• Center attendance is 50-55% compared to two years ago.</li> <li>• South Carroll and North Carroll are high, Westminster is slowly increasing, while Taneytown and Mt. Airy have lower attendance rates. Members are still hesitant to go out into the community.</li> <li>• Carroll County Health Department reports 91% of Carroll Countians age 65 or over are vaccinated.</li> <li>• Members are requesting the return of masking or proof of vaccination.</li> <li>• Newsletter will continue online, while individual centers will have printed copies with center-specific information.</li> <li>• Push for next year is to try and get members more comfortable with technology. They will offer information on phones and technology beginning in the fall.</li> <li>• Will continue to offer virtual fitness classes but will not be scheduled the same time as in-person classes so they are not competing.</li> <li>• They will also be focusing on providing education and information on online security and scams.</li> <li>• Free Tablet Lending Program – call 410-386-3800 to register. Tablets can be picked up at the center.</li> <li>• All Centers are open 5 days/week 8am to 4pm with summer hours on Friday, closing at 3pm.</li> <li>• Congregate and Grab and Go meals are offered as well as Food Truck days. They are working to spend down the funds for the Restaurant Initiative.</li> <li>• Each center will hold a Welcome Back Luncheon in August.</li> <li>• Instructors are slowly coming back. They are hoping for more to return in the fall.</li> </ul>

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- Farmer's Market Vouchers – Usually very popular but they still have 60 books (\$35 each) to distribute. Last year 81% distributed were redeemed, the 2<sup>nd</sup> highest redemption rate in the state.
- Senior Inclusion Program is operating on a limited capacity. They are working to get staff rehired so they can be at full capacity by the end of the state of emergency (August 15<sup>th</sup>). They were told that didn't need to happen until 6 months after it was lifted but there was a misunderstanding. Meetings statewide are being held to discuss.

### Staffing Update – Gina Valentine:

- Hired part-time Guardianship, part-time Home & Community Based Services, and part-time Veterans Case Manager.
- Open positions include part-time Vaccination Outreach Worker, part-time MAP Case Management (Lou Yeager recommended reaching out to Potomac Case Management), SIP Program Specialist and part-time SIP Aides.
- It has been difficult to fill part-time positions.

### Program Updates – Bobbie Lawrence:

- MAP Information & Assistance and Veteran Services Program staff have been making in-person appointments and are going out in the community.
- Caregiver Program is offering in-person support groups.
- Home and Community Bases Services have hired a new part-time staff and have been able to increase their clients and are making home visits.
- Senior Care is making home visits.
- Senior Assisted Living Subsidy is at capacity.

### FY2022 Area Plan Update – Gina Valentine:

- This was an update year and has been completed and submitted.
- The State has requested some revisions which have been made and submitted. We are waiting for final approval.

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	<ul style="list-style-type: none"> <li>There has been a lag in state funding because they are waiting on 2020 census data to update their formulas. We will be receiving additional Title III funding. The state will be disbursing \$24 million amongst the jurisdictions. This one-time funding must be used by September 2024.</li> </ul>
<p><b>Old Business</b> – Jim McCarron</p>	<p><u>Partnership with Carroll PHO – Bobbie Lawrence</u> Partnership with Ashley Weyer has been great. She has been receiving referrals from Carroll’s Navigators. Ashley provides Outreach/Referrals in Primary Care Offices and communicates upcoming events from BOAD. This position has been recognized as a best practice from MDoA.</p> <p><u>Durable Medical Equipment Warehouse – Dan Bowler</u> No report.</p> <p><u>Seniors on the Go Expo – Leslie Wagner</u> In-person event on Wednesday, September 15<sup>th</sup> from 9am to 2pm in the Shipley Arena of the Carroll County Ag Center. A sign-up sheet for volunteers was made available.</p>
<p><b>New Business</b> – Jim McCarron</p>	<p><u>Rec &amp; Parks Update—Lisa Carroll</u></p> <ul style="list-style-type: none"> <li>Pickleball Tournament to be held at the old North Carroll High School on November 11, 12, and 13. Proceeds benefit the Carroll County Veterans Independence Project.</li> <li>The Fall Guide for the EPIC (Experienced People in Carroll, for ages 50+) to be released soon.</li> <li>Partnering with South Carroll Senior &amp; Community Center for an Intergenerational Drum It Up event on Friday mornings.</li> <li>Walk Carroll’s Adaptive Group will be meeting on Fridays at Deer Park.</li> <li>Hiring for a part-time Therapeutic Recreation Assistant.</li> </ul> <p><u>Overview of the Family Caregiver Support Program—Mary Jane Overby</u> The Older Americans Act (OAA) Amendments of 2000 authorized the creation of the National Family Caregiver Support Program. In September 2001 the Title III Federal Funds were used to establish the National Family Caregiver Support Program. Mary Jane is looking to provide outreach to Taneytown and the New Windsor/Union Bridge area. Lauren will speak with the Elmer Wolfe Elementary School Principal and Counselor.</p> <p><b>Purpose:</b> The mission of this program is to support individuals serving as family caregivers in Carroll County.</p> <p><b>Persons to be Served:</b> Caregivers are identified in two categories –</p>

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	<ol style="list-style-type: none"> <li>1. A family member, or other individual, care for someone over the age of 60; and,</li> <li>2. A grandparent or relative, who is over the age of 55, raising a child under the age of 18.</li> </ol> <p><b>Support Services:</b> Funds are provided in the grant year (10/1 to 9/30). Caregivers can apply once a year. However, there are still one-time funds available from the CARES Act until 9/30/2022.</p> <ol style="list-style-type: none"> <li>1. Service information for caregivers</li> <li>2. Access information and referrals to community programs</li> <li>3. Caregiver support groups and caregiver training (upon sufficient demand)</li> <li>4. Respite care – limited funds for temporary relief of caregiver duties (in-home or at a facility)</li> <li>5. Supplemental care services – limited funds allocated to provide supplies and services to help with care provided by caregiver (some examples: transportation, specialized equipment, cost of medications, hygiene items, incontinent supplies and nutritional supplements).</li> </ol> <p><u>Current COAD Openings – Gina Valentine</u></p> <ul style="list-style-type: none"> <li>• Veterans</li> <li>• Individual with an Intellectual Disability – distributed an application but it has not been received. Will follow-up.</li> </ul> <p><u>Veterans Claims and Benefits Clinic – Gina Valentine</u></p> <ul style="list-style-type: none"> <li>• October 13, 2021 from 10am to 2pm at the South Carroll Senior &amp; Community Center.</li> <li>• State and Federal VA as well as the VA Medical System, Cemetery and Veteran related partners will be present.</li> <li>• Pension and Compensation claims can be done onsite.</li> </ul>
<p><b>Area Reports – COAD Members</b></p>	<p><u>Manchester/Hampstead – Cheryl Steinbacher.</u> Interested in possibly having a booth or table at local events such as Hampstead Day so they can educate and inform the public on COAD and BOAD. Will look to compile a list of 2022 events that they can be present and asked other areas to do the same. Will be meeting with Lori Ash at North Carroll Senior &amp; Community Center and has already met with Brent Kauffman from Hampstead. Asked if she can share about COAD and BOAD in Facebook groups. Celene and Gina will look into and let her know.</p> <p><u>Manchester – Doc Doxzen.</u> North Carroll Senior &amp; Community Center has had great attendance. Travel trips are almost sold out. The Manchester area food distribution that is supported by the Boy Scouts is well utilized.</p>

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	<p><u>Mt. Airy – Diann Linton.</u> New Mt. Airy Mayor has developed a Senior Task Force Initiative and she has attended. Enjoyed Celene/Citizen Services' Carroll 101 presentation. Local fire department is not hosting a carnival this year. The 55+ group has not met yet at the Mt. Airy Senior &amp; Community Center. The center's travel trips are well booked. The defibrillator at the center is broken and Celene shared that the county has had difficulty getting the parts. They are looking to move an operating defibrillator from a building that has more than one and place at Mt. Airy. The big TV located behind the center desk has not been working. Rich to work on having volunteers and staff trained on how to start and reboot.</p> <p><u>Sykesville/Eldersburg – Tara McMullen.</u> She has heard from the VA Central Office as well as nationally that overdose amongst veterans is up 30% in 2020. She would like the Veterans Advisory Council to focus on mental health, suicide prevention, substance use and overdoses. They are also working on an awareness campaign as part of the International Overdose Prevention Day.</p>
<p><b>Announcements</b></p>	<p><u>Health Department – Amy Baker.</u> August 31<sup>st</sup> is International Overdose Prevention Day. For First Responder Appreciation Day in May the CCHD provided over 300 meals as well as training on the science of addiction. September is Recovery Month and on the 12<sup>th</sup> there will be an Out of the Darkness Suicide Prevention walk at Krimgold Park. They are giving the hospital cards with resources for those that have attempted suicide. They are receiving more referrals from local law enforcement on older adults. Referrals include those with Alzheimer's as well as severe mental health diagnoses and substance use. They are also working on cultural and linguistic needs of the community and seeking their representation on various committees.</p> <p><u>Citizen Services – Celene Steckel.</u></p> <ul style="list-style-type: none"> <li>• Emergency Rental Assistance Program (ERAP) provides rental assistance (3 months forward) and rental arrears (12 months back) for those who owe rent and are having difficulty due to any tie to COVID. This program has a higher income eligibility level than previous funding and individuals can self-certify without having to provide formal documentation. HSP is vetting the applications. This is not an age-based program. They have assisted 87 families and spent \$1.2 million of the \$4 million allocated.</li> <li>• The county is in discussion to purchase the Penn-Mar (old Change) building. This process will take time. It would be used to house the Family Shelter as well as provide additional space for Department of Citizen Services.</li> </ul>

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	<u>Carroll Together – Gina Valentine</u> . Looking to begin meeting again in September. Carol Wheatley suggested that we invite Howard or Baltimore County to provide insight on their experience in creating an AARP Age Friendly community.
<b>Next Meeting Date</b>	<b>The next meeting date is Wednesday, September 22, 2021 at 10:00 a.m. Meeting information will be shared prior. Expected to be a hybrid meeting – in-person and virtual.</b>