

Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: November 17, 2021

Start Time: 10:00am

Location: Virtual on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Carol Wheatley

Topic	Discussion
Attendance – COAD members in bold	Dan Bowler , Larry Burbank, Jeff Degitz, Doc Doxzen , Dave Drezner, Art Frotton , Brian Keseling , Bobbie Lawrence, Diann Linton , Jim McCarron , Tara McMullen , Rich Ottone, Cheryl Steinbacher , Gina Valentine, Leslie Wagner, Commissioner Steve Wantz, Carol Wheatley , Marisa Zaccagini
Acronyms	AAA - Area Agency on Aging, ADA - American’s w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities, CDSMP – Chronic Disease Self-Management Program, CTS – Carroll Transit System, CIL - Center for Independent Living, DSS – Department of Social Services, FFP – Federal Financial Participation, HSP – Human Services Programs of Carroll County, LTAC – Long Term Advisory Council, LTCOP - Long Term Care Ombudsman Program, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MASCC – Mt. Airy Senior & Community Center, MDH - Maryland Department of Health, MDoA – Maryland Department of Aging, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NCSCC – North Carroll Senior & Community Center, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHQC - Office of Health Care Quality, SALS - Senior Assisted Living Subsidy program, SCSCC – South Carroll Senior & Community Center, SHIP - State Health Insurance Assistance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, TSCC – Taneytown Senior & Community Center, VTV – Village to Village, WEAAD – World Elder Abuse Awareness Day, WSCC – Westminster Senior & Community Center.
Call to Order/Introductions - Jim McCarron	Jim McCarron called the meeting to order and welcomed everyone.
Establishment of a Quorum – Jim McCarron	A quorum was established with ten members present.
Approval of Minutes – Jim McCarron	Jim requested approval of the September 2021 minutes as submitted. Change Durable Medical Equipment to Dan Andersen. With that change all were in favor to approve as submitted.
Commissioner’s Comments – Commissioner	<ul style="list-style-type: none"> • There are openings on the Planning & Zoning Commission. Applications can be found online. • Carroll Community College is #1 in the country in many different metrics. • Westminster branch of Carroll County Public Libraries will be opening their basement project on December

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<p>Steve Wantz</p>	<p>17th. This will include a commercial kitchen.</p> <ul style="list-style-type: none"> • Thank you for Jim McCarron for being part of the redistricting of Commissioner representation. Manchester and Hampstead will be part of District #2 and Taneytown, New Windsor and Mt. Airy will be part of District #1. • COVID numbers are going up. • County government is monitoring the OSHA mandate that employers with 100 or more employees must require employees to be vaccinated or be tested weekly. The Commissioners are not in support of a mandate requiring vaccination in Carroll County. This would affect senior centers and county government employees.
<p>Bureau of Aging & Disabilities</p>	<p><u>Senior Call Check Program – Gina Valentine</u> A free MDoA program for 65 or older who live alone. There is a daily check-in call. If there is no answer then contact will be made with a chosen family member, friend, neighbor or representative. Information on the program will be emailed to the listserv.</p> <p><u>Title III ARPA Funding – Gina Valentine</u></p> <ul style="list-style-type: none"> • American Rescue Plan Act – funding to support Title III • IIIB – Aging Services • IIIC – Congregate Meals and Home Delivered Meals • IIID – Evidence-Based Health Promotion • IIIE – Family Caregiver Support • Additional \$500,000 to be spent by 9/2024. • Will report next meeting on plans to spend. Must go before the BOCC for approval. <p><u>BOAD 50th Anniversary Celebration – Gina Valentine</u> We will hold a 50th Anniversary celebration in April 2022. A group of staff will work on planning the event. We are looking for suggestions and ideas. Please forward to Gina or Leslie.</p> <p><u>Senior Centers Update – Rich Ottone</u></p> <ul style="list-style-type: none"> • Flu Shot Clinic in October 2021 <ul style="list-style-type: none"> ○ Record turnout of 334 shots ○ 110 Pfizer booster shots were administered

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- Everyone liked the drive-thru method.
- Centers are operating at 60% compared to 2 years ago, prior to COVID. Within the past seven weeks we have seen a steady increase. Guidelines are still in effect when 6 feet social distancing is not possible then masks are required.
- Thanksgiving meals at the centers will be on 11/23 and are a combination of both Grab and Go and Congregate.
- Holiday events are being scheduled for the month of December.
- Angie Walz and Dave Thompson are back.
- A custodian has been hired who will begin on 12/9.
- Brad Williams (SCSCC) and Pam Kadel (NCSCC) have been trained in the MDoA and University of Maryland Extension Services program “Fresh Conversations.” This is a Nutrition Education program that will be provided at the SCSCC and NCSCC locations in six sessions between December 2021 and April 2022.
- SIP will be at full capacity with 4 new members starting between now and 12/31.
- Diann Linton inquired if center-specific pages of the Newsletter can be printed for distribution. Rich will work on having the center provide printed copies monthly.
- Doc inquired about evening user groups at the centers. With the custodian shifts ending at 6:30pm this leaves key and alarm responsibility to a representative of the user group.
- A new Senior Center Floater position has been approved. They will assist all centers with nutrition education as well as outreach to members regarding menus, meal program and nutrition services.

Program Updates – Bobbie Lawrence

- Open Enrollment for Medicare is scheduled until 12/7. They are currently at capacity for appointments. Virtual workshops on transitioning to Medicare are still being held.
- Senior Assisted Living Subsidy (SALS) program has added one facility. The program provides up to a \$1,000 subsidy for assisted living care for older adults who meet the eligibility criteria.
- Ten vehicles were donated by Vehicles for Change to Maryland Veterans. Two Carroll County veterans were awarded a vehicle at the presentation on 11/10.
- Caregivers and Grandparents Raising Grandchildren are still holding monthly support groups at BOAD. The

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	<p>programs also provide a \$500 (annual) grant for qualifying caregivers of older adults and grandparents raising grandchildren under 18 years of age.</p> <ul style="list-style-type: none"> • BOAD is fulling operational with in-person appointments available We accept walk-in's, but appointments are preferred so we can ensure staff are available to assist individuals seeking services.
<p>Old Business</p>	<p><u>Partnership with Carroll PHO – Bobbie Lawrence</u> Ashley Weyer has been a liaison between BOAD and Carroll Hospital/Carroll Health Group. She is conducting Level One screening, Options Counseling and referrals to BOAD programs.</p>
<p>New Business – JimMcCarron</p>	<p><u>Voting for Chair and Vice-Chair for 2022</u> Members who were present voted and Jim McCarron will continue as Chair and Carol Wheatley will continue as Vice-Chair.</p> <p><u>Rec & Parks Update – Jeff Degitz</u></p> <ul style="list-style-type: none"> • Therapeutic Recreation position has been offered. Waiting to hear if they accept. • December 9th is their Annual Santa Calling for 3–8-year old's. Register by 11/30. • December 10th is their Jingle Bell Hop dance at Carroll Springs School. • The Winter Program Guide has been released. <p><u>Current COAD Openings</u></p> <ul style="list-style-type: none"> • Gina thanked Diann Linton and Art Frotton on their six years of service to the COAD. Diann represented Mt. Airy and has served since 2016, with her final term expiring on 12/31/2021. Art represented Finksburg and has also served since 2016, with his final term expiring on 12/31/2021. • Openings include Veteran's representation, an Individual with a Developmental Disability, and the municipalities of Mt. Airy and Finksburg. If you know of anyone who may be interested in serving please reach out to Leslie. <p><u>Holiday Breakfast – Gina Valentine</u> The survey has shown that members are interested in an in-person event with Tuesday being the best day. Once scheduled an email will go out.</p>
<p>Area Reports – COADMmembers</p>	<p><u>Carol Wheatley – Westminster</u> Heard great things about the flu shot clinics.</p> <p><u>Tara McMullen – Eldersburg/Sykesville</u></p>

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	<p>Has heard a lot of talk about vaccinations, coyotes, clinics for grandkids, and who to trust with door-to-door sales. Is looking for tips on how to integrate into the community as a COAD member.</p> <p><u>Diann Linton – Mt. Airy</u></p> <ul style="list-style-type: none"> • Lost their free town newspaper. • Mt. Airy Senior Task Force is going well. They have developed their mission statement and will become a 501(3)(c) within the Community Foundation. AARP will be speaking on Livability vs. Age-Friendly. They have had several listening sessions for older adults in Mt. Airy. <p><u>Dan Bowler – Family Representative for Development Disabilities</u></p> <p>Asked Jeff Degitz – as the weather gets colder are there any climate-controlled buildings they can use. Schools, Nature Centers, Robert Moton and the library were all mentioned. Jeff will contact Dan to discuss further.</p> <p><u>Brian Keseling – Adult with Disability</u></p> <p>Would like to meet with BOAD to discuss partnering with National Federation of the Blind of Carroll County. He has had two older adults contact him regarding accessibility support and livability training.</p> <p><u>Larry Burbank</u></p> <ul style="list-style-type: none"> • AARP Safe Driving will begin in February 2022. Would like to meet with Rich to schedule. • Veterans Honor Wall has been dedicated at the Dove House.
<p>Next Meeting Date</p>	<p>Next meeting is Wednesday, January 26, 2022 at 10am. Meeting information will be provided prior to then. Most likely it will be virtual.</p>