

## Commission on Aging & Disabilities Meeting

**Meeting Date: May 10, 2017**

**Start Time: 10:00 am**

**Location: Westminster Senior Center Multi-Purpose Room**

**Chairperson: Hermine Saunders**

**Vice-Chair: Ed Leister**

Topic	Discussion
<b>Attendance</b>	<b>Val Cioeff, Bob Coen, Arthur Frotton, Karen Gauvin, Lauren Hickey, Becky Hellyer, Tanner Holt, Diann Linton, Elizabeth MacDougall, Rich Ottone, Gail Riley, Hermine Saunders, Celene Steckel, Leslie Wagner, Patty Whiston, Becky Zick</b>
<b>Acronyms</b>	AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities. CTS – Carroll Transit System, CIL - Center for Independent Living, DHMH - Maryland Department of Health and Mental Hygiene, FFP – Federal Financial Participation, LTCO - Long Term Care Ombudsman, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALGHS - Senior Assisted Living Group House Subsidy program, SHIP - State Health Insurance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, VTV – Village to Village
<b>Call to Order-</b> Hermine Saunders	Hermine Saunders welcomed everyone and introductions were made.
<b>Old Business</b> – Hermine Saunders	<p><u>Update on Aging in Place Survey, Celene Steckel</u>–</p> <ul style="list-style-type: none"> <li>• One hundred donated Chick Fil-A coupons were given out to all those who completed an AIP survey during the Expo.</li> <li>• Gail Riley reached out to priests and pastors in the Manchester area and gave them the surveys.</li> <li>• Patty Whitson did a push of surveys at Mt. Airy, North Carroll and South Carroll Senior Centers and 150 were completed and returned.</li> <li>• Carroll Magazine will be doing a mini-article on the AIP survey.</li> <li>• The AIP Survey link will be placed on BOAD's website and forwarded to all COAD members. Once received they can forward to their communities.</li> <li>• A faith-based list compiled by Leslie will be forwarded to Bob so he can personally make contact with faith organizations in the zip codes that do not have strong survey completions.</li> </ul> <p><u>New Member Recruiting, Celene Steckel</u> –</p> <ul style="list-style-type: none"> <li>• The Board of Commissioners have received the applications for Carol Wheatley and James McCarron, however, they meet every couple of months to review. We are awaiting their decision.</li> <li>• Celene will contact the individual that expressed interested at the Expo. They live in Hampstead and would also be a family representative of a disabled individual.</li> </ul>

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	<p><u>Seniors on the Go Expo, Celene Steckel</u> – Everything went well. Last year no one was interested in the magnifiers. This year they were a big hit. Gail said that the Lions Club hands out eyeglass wipes from Bausch and Lomb and she wondered if we could also inquire into getting a donation to hand out at next year's Expo.</p>
<b>Approval of Minutes</b> – Hermine Saunders	<p>Hermine Saunders requested approval of the March 2017 minutes as submitted. Bob Coen motioned 1<sup>st</sup> and Gail Riley 2<sup>nd</sup> for approval. All were in favor to approve as submitted.</p>
<b>Staff Presentation-</b> Becky Zick	<p><u>Bureau of Aging &amp; Disabilities, Becky Zick</u> – Becky Zick, Coordinator for the Long Term Care Ombudsman presented information about the Ombudsman Program. Attached is her presentation. They visit Carroll County's 10 nursing homes and 33 assisted living facilities. Information on the program has been added to the senior center newsletters monthly, covering different resident rights topics. Volunteers are also needed for the program to be successful. You will be trained and only need to commit to 4 hours per month. Members were encouraged to forward the program's information to anyone that is interested in volunteering.</p>
<b>New Business</b> – Hermine Saunders	<p><u>Liaison role to BOAD program staff, Hermine Saunders</u> – Hermine reported that she and Celene would be discussing this separately and present to the members as to what staff would be involved and exactly what COAD would want out of this role.</p> <p><u>FY18 Area Plan, Celene Steckel</u> –</p> <ul style="list-style-type: none"> <li>• Currently BOAD is working within the FY16-19 Area Plan. Updates are required each year on the submitted Plan and how to fund the positions and update the services.</li> <li>• All staff have worked hard on the FY18 Area Plan and because of the Governor visiting Carroll County tomorrow and there being no Session, it was presented to the Commissioners last week.</li> <li>• Hermine, Bob and Celene reviewed the Plan and will officially submit to the State this Friday.</li> <li>• Becky Hellyer, Fiscal Supervisor, was introduced.</li> <li>• Celene reported that the majority of funding comes from the County at 63%, Federal 25% (a lot of Medicaid money), State 7% and Program Income at 5%.</li> </ul> <p><u>World Elder Abuse Awareness Day (WEAAD) Panel and Discussion Event, Becky Zick</u> – Attached is the flyer for the WEAAD event happening at the Westminster Senior Center, Wednesday, June 14<sup>th</sup> from 9-10:30am. Celene would like COAD to have a table and Gail and Lauren volunteered. Celene will send information directly to Karen for the Health Department's participation.</p> <p><u>Long Term Advisory Council (LTAC), Hermine Saunders</u> – Chris Winebrenner of the Commissioners' Office, approached Hermine about a COAD member serving on the LTAC Health &amp; Wellness Cluster that is overseen by Ed Singer of the Health Department. Hermine and Celene will discuss and report back to the Commission.</p>
<b>Bureau of Aging &amp; Disabilities</b> – Celene	<p><u>Update, Patty Whitson</u> –</p> <ul style="list-style-type: none"> <li>• Held Volunteer recognitions in April (honoring volunteers that served in calendar year 2016).</li> </ul>

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Steckel	<ul style="list-style-type: none"><li>○ 443 Unduplicated volunteers in all 5 centers</li><li>○ 56,459 hours of service</li><li>● Older Americans Month in May – Theme is “Age Out Loud.” This theme emphasizes the ways older adults are living their lives with boldness, confidence, and passion while serving as an inspiration to people of all ages. Luncheons to be held at all senior centers on May 31<sup>st</sup>.</li><li>● Activities in May include –<ul style="list-style-type: none"><li>○ Law Day – was May 1<sup>st</sup> (40 unduplicated persons attended).</li><li>○ Law Day talks held in April – 256 unduplicated persons attended talks on living wills and advance directives.</li><li>○ 12 volunteer attorneys presented and assisted.</li></ul></li><li>● Mother’s Day luncheons are tomorrow (May 11<sup>th</sup>)</li><li>● Memorial Day luncheons are May 26<sup>th</sup></li><li>● Older Driver Safety Classes will start in May and finish in June.</li><li>● Key Club at Manchester Valley High School will be hosting a “Senior” Prom at North Carroll Senior Center on May 19<sup>th</sup> from 5-8pm for the seniors in the Hampstead/Manchester area.</li><li>● Mt. Airy Senior Center is holding an Avenue of Art Reception on May 18<sup>th</sup> from 10:30am to 12pm. The art is for display and not for sale.</li><li>● Senior Night Out will be held at Westminster Senior Center on May 23<sup>rd</sup> from 4-8pm.</li><li>● Cruise in Car Show will be held on the grounds of the Westminster Senior Center on June 15<sup>th</sup> from 9:30am to 2pm.</li><li>● Farmer’s Market Voucher Program – Coupons will be distributed in July to the Senior Centers. Will be able to serve 155 seniors this year (only 143 last year).</li><li>● Trips continue to be popular in many of the senior centers.</li><li>● Koons Toyota’s donation is being split amongst many senior center classes.</li><li>● Ruth Martin, manager of Taneytown Senior Center, will be retiring May 31<sup>st</sup>. Interviews are ongoing.</li><li>● Partnership for a Healthier Carroll County has placed black chalk boards in each of the senior centers that ask the question of what makes for a healthy community. This has been an ongoing community project for the Partnership.</li></ul> <p><u>Senior Inclusion Program, Rich Ottone –</u></p> <ul style="list-style-type: none"><li>● DDA approved their 26<sup>th</sup> client, who will begin on June 1<sup>st</sup>. They are officially at capacity.</li><li>● Becky Hellyer assisted greatly on the ISS grant that went before the Commissioners last month, with an increase of 3.5% in funds.</li></ul>
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<p><b>Area Reports – COAD Members</b></p>	<p><u>Bob Coen, Adults with Disabilities</u> – Bob reported John Staehlin, a resident of Carroll Lutheran Village and a volunteer for medical engineering with VLINC in Baltimore has received the 2017 Hoover Award.</p> <p><u>Lauren Hickey, Union Bridge/New Windsor</u> – Barbara Norman of RSVP is looking for volunteers to deliver groceries from the FSK food pantry. She is also looking for food insecurities throughout Carroll County. Patty reported that the State Department of Aging will be doing groceries to go and she is scheduled to meet with them to get more information.</p> <p><u>Karen Gauvin, Health Department</u> – She wanted to let everyone know that in the next few months the Community First Choice program will be experiencing changes in personnel but to assure everyone that the program will still be functioning the same.</p> <p><u>Art Frotton, Finksburg</u> – There are 6 trailer parks in Finksburg and they house many lower income older adults. He would</p>

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	like to get the surveys to them but needed help in finding out the management of those parks. Celene will check to see who regulates the parks and forward the management information to Art.
<b>Educational Programs offered through the COAD on Aging &amp; Disability Issues – Celene Steckel</b>	Living Healthy, Living Well is currently holding a Diabetes Self-Management workshop at the Westminster Senior Center and a leader training will take place at the end of June. Leslie gave a brief outline of the program and encouraged all present to forward to her any interested participants that would like to attend the workshops for Diabetes and Chronic Conditions or those who would like to volunteer and lead workshops.
<b>Next Meeting Date</b>	<b>The next meeting date is Wednesday, July 12, 2017 at 10:00 am at the Westminster Senior Center – Multipurpose Room</b>