

Commission on Aging & Disabilities Meeting

Meeting Date: March 14, 2018

Start Time: 10:00 am

Location: Bureau of Aging & Disabilities Library

Chairperson: Hermine Saunders

Vice-Chair: Jim McCarron

Topic	Discussion
Attendance	Amy Baker, Larry Burbank, Val Cioeff, Bob Coen, Marisa Cooke, Ruth Doxzen, Art Frotton, Lauren Hickey, Diann Linton, Jim McCarron, Rich Ottone, Heather Robb, Hermine Saunders, Celene Steckel, Gina Valentine, Leslie Wagner, Carol Wheatley, Patty Whitson
Acronyms	AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities. CTS – Carroll Transit System, CIL - Center for Independent Living, DHMH - Maryland Department of Health and Mental Hygiene, FFP – Federal Financial Participation, LTCO - Long Term Care Ombudsman, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALGHS - Senior Assisted Living Group House Subsidy program, SHIP - State Health Insurance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, VTV – Village to Village
Call to Order- Hermine Saunders	Hermine Saunders welcomed everyone. Celene thanked Hermine for her recent article in the Carroll County Times. For those who didn't get a chance to read, the article was passed around.
Approval of Minutes – Hermine Saunders	Hermine Saunders requested approval of the January 2018 minutes as submitted. Larry Burbank motioned 1 st and Ruth Doxzen 2 nd for approval. All were in favor to approve as submitted.
Staff Presentation- Gina Valentine	<p><u>Senior Assisted Living Group Home Subsidy Program</u> – SALGHS provides financial assistance for 13 eligible Carroll County residents age 62 and older. The maximum monthly subsidy is \$650. Assisted living facilities must have 16 beds or less and not all accept the subsidies. Eligibility requirements are:</p> <ul style="list-style-type: none"> • Asset Limitation <ul style="list-style-type: none"> ○ \$11,000 per individual ○ \$14,000 per couple • Income Limitation <ul style="list-style-type: none"> ○ \$2,861 gross per month per individual ○ \$3,741 gross per month per couple • Functional assessment regarding activities of daily living, made by AERS Nurses at the Carroll County Health Department. • 62 years of age or older <p>There is currently one opening and the waiting list is minimal. For more information and/or an application, contact Barbara Bingham at 410-386-3800 or 410-386-3825.</p>

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<p>Old Business – Hermine Saunders</p>	<p><u>Letter of Support for Budget Recommendations, Hermine Saunders</u> – Several BOAD projects were submitted to the Budget Office for review. The Budget Office reviews all projects prior to finalizing the Budget request that will be submitted to the Board of County Commissioners. Unfortunately, no BOAD projects were recommended in the final budget that was presented to the Board of County Commissioners for consideration.</p> <p><u>Budget Recommendations – Update, Celene Steckel</u> – Agencies are permitted to request funding for additional or enhanced positions before the Commissioners in addition to the initial budget request. BOAD will go before the Commissioners on March 29th to request the following:</p> <ul style="list-style-type: none"> • Veteran Services Program Coordinator <ul style="list-style-type: none"> ○ Part-time to Full-time ○ Considered a Medium priority • Guardianship Coordinator <ul style="list-style-type: none"> ○ Contingent position to County position ○ Required by the Older Americans Act ○ Regardless of State funding ○ Considered High priority <p><u>COAD Membership Vacancies, Celene Steckel</u> – Applications have been submitted to the Commissioners. Heather Robb for Sykesville/Eldersburg vacancy and Amy Baker for At-Large vacancy. Marisa Cooke has been accepted for the Health Department vacancy. Still in need of a family representative for developmental disabilities.</p>
<p>New Business – Hermine Saunders</p>	<p><u>Long Term Advisory Council (LTAC) Health & Wellness Cluster Update, Bob Coen</u> – Bob attended the January 25th cluster meeting and gave a brief update. During the January 25th meeting Ed Singer, Chair of the Health & Wellness Cluster gave a presentation. Leslie will distribute to everyone Ed Singer’s power point as well as the link to the entire meeting.</p> <p><u>Seniors on the Go 2018 Expo, Leslie Wagner</u> –</p> <ul style="list-style-type: none"> • Tuesday, April 3rd set-up – Larry, Art and Bob at 12:30pm. • Expo booth coverage – <ul style="list-style-type: none"> ○ 8:30-10:30 – Carol and Diann ○ 10:30-12:30 – Ruth and Bob ○ 12:30-2:30, including tear down – Art and Marisa • Larry will get bananas (\$100 in budget) and Chick-Fil-A coupons to hand out. • Chick-Fil-A coupons will be given out for those that complete the Survey on Maryland’s Resource Guide for Aging Drivers that have been provided to us by the Maryland Department of Transportation and Maryland Department of Aging. • Leslie will request an extra table and chairs for the survey completion. <p><u>Area Plan – Update, Celene Steckel</u> – The Area Plan, which is usually released in mid-February, has still not been received.</p>

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	<p><u>Sub-Committee Recommendations/Representatives/Meeting Frequency, Hermine Saunders and Celene Steckel</u> – The COAD Executive Committee met and decided on the creation of three sub-committees to include Aging in Place, Health & Wellness Cluster of the Long Term Care Advisory Council, and Dementia-Friendly America. There will be BOAD representation on each as well as co-chairs assigned. Membership will be expanded to add others from outside the Commission.</p> <ul style="list-style-type: none"> • Aging in Place – Survey portion is almost complete and it is important to now begin discussing how to implement various strategies in Carroll County. <ul style="list-style-type: none"> ○ Larry Burbank ○ Art Frotton ○ Lauren Hickey ○ Jim McCarron ○ Gail Riley ○ Carol Wheatley ○ Bryan Lyburn (Habitat for Humanity) ○ Diane Martin (McDaniel College) • Health & Wellness Cluster of the Long Term Advisory Council <ul style="list-style-type: none"> ○ Bob Coen ○ Marisa Cooke ○ Ruth Doxzen ○ Amy Baker (Health Department) • Dementia-Friendly America – Before the sub-committee meets, there is a presentation, video, and launch kit from the national office for Dementia-Friendly America to be viewed. <ul style="list-style-type: none"> ○ Marisa Cooke ○ Lauren Hickey ○ Diann Linton ○ Heather Robb ○ Amy Baker (Health Department) <p><u>AIP Memorandum of Understanding (MOU), Celene Steckel</u> – The MOU for the Carroll County Aging in Place Survey between BOAD, COAD, and McDaniel College will be revised. Expectations will be reviewed to reflect the current status of the survey as well as ensuring each organization’s next step. The revised MOU will be sent out to COAD members next week for recommendations.</p>
<p>Bureau of Aging & Disabilities – Celene Steckel</p>	<p><u>Staffing Update, Celene Steckel</u> –</p> <ul style="list-style-type: none"> • Veteran Services Program – Veteran Service Coordinator position is open and funded by the Kahlert Foundation grant. It

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has been upgraded to be the same scale as Veteran Services Program staff. It is a 25 hour/week contractual position with no County benefits. Position works with homeless Veterans.

- Ombudsman Coordinator – Posted and closed yesterday. Applications will be reviewed. Gail Gannon has been hired as the Ombudsman Assistant and started 12/28/17. She previously was a volunteer ombudsman with Montgomery County.
- AmeriCorps Volunteer – We have received approval by the BOC to submit the application. This position will work at the various senior centers and will be streamlining and organizing our senior center volunteer program with assistance in recruitment, management, and training. Patty Whitson will oversee. The position will be 40 hours/week for 11 months, with a living stipend of approximately \$13,000.

Senior Inclusion Program, Rich Ottone –

- Submitted the annual licensing application for 2018/19.
- Attended a Western Maryland Regional DDA meeting discussing the proposed new funding system. Significant holes have been found in the new funding system so it is now on hold for review.
- Rich will become a member of Maryland Association of Community Services (MACS) and will now attend their meetings.
- Program is at capacity for attendees at 26.
- For the 2nd day this fiscal year, all attendees were in attendance.
- Fully staffed with Ashley Bowers and Judith Brillhart being hired.

Aging & Disabilities Services, Celene Steckel –

- Caregivers Program –
 - In partnership with Carroll Community College we have developed a series of lay-caregiver trainings to include toileting, feeding, personal care, etc. Classes will be in April, May, and June in the evenings at the cost of \$35. There are scholarships available.
 - Next Wednesday, March 21st the Caregivers program will partner with Integrate Copper Ridge for a Dementia presentation. Register with Nancy.

Senior & Community Centers, Patty Whitson –

- Senior Center Site Council By-Laws have been rewritten so that all centers will use the same by-laws. By-Laws were reviewed at each council meeting in January. Participants could respond for a period of 30 days. At March Site Council meetings, we will review the changes. Each center will be voting for acceptance of the by-laws during the March meeting. Part of the by-laws covers Site Council elections.
 - March – Nominating committees formed
 - April – Candidates announced
 - May – Elections last week of May
 - June – New officers installed

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- Give samples - New intake packets have been developed and seniors are in the process of completing them. This information is needed for statistical reporting. Information from intake forms are entered into Senior Stat. (In FY17 we had 5,829 unduplicated seniors attending the centers.)
- Senior Center Hours of Operation will be changing starting April 1st. Center will now be open from 8:00 to 4:00. (Was 8:00 to 4:30)
- 2018 Programs are currently being planned for the Senior Centers:
 - Older Driver Safety Classes – May and June
 - Crime Prevention Talks – with Maryland Community Crime Prevention Institute (Bruce Lohr)
 - New Frauds and Scams Against Seniors
 - Homeland Security
 - Legal Aid Clinic dates – 2x month for 2018
 - Legal Aid Talks
 - Renters Rights
 - Law Day Talks and Law Day (May 1st) – Volunteer Attorneys prepare Medical Power of Attorney and Living Will paperwork free of charge for seniors
 - Farmers' Market Coupon distributions
 - Alzheimer's Talks by Alzheimer's Association
 - Talk 1 – Dementia Conversations
 - Talk 2 – Know the 10 Signs: Early Detection Matters
 - Talk 3 – The Basics
 - Memory Screenings – Carroll Hospital Center
 - Diabetes Education + Finger Sticks
- Update on Senior Center Operating Fund Grant – Arthritis Foundation Exercise Program
- FY17 Statistics
 - Unduplicated Attendance 5,829
 - New Seniors Registered 1,233
 - Average Daily Participation 635
 - Number of Congregate Meals – 36,861
 - Number of Home Delivered Meals – 12,852
 - Number of Unduplicated Volunteers – 463
 - Number of Volunteer Hours – 53,557

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	<p><u>Other Updates, Celene Steckel</u> –</p> <ul style="list-style-type: none"> • The Department of Aging has released a Request for Proposal for the Communities for Life Initiative. This is for non-profits or existing business models providing non-medical services to older adults wishing to stay in their homes. See Celene if you know of anyone who may be interested.
<p>Area Reports – COAD Members</p>	<p><u>Art Frotton, Finksburg</u> – Interested in reaching out to the trailer parks in his community with the AIP survey. Most park owners live out of state and he doesn't think it is a good idea to just walk in and approach the trailers. This is something that can be discussed further in the AIP sub-committee.</p> <p><u>Hermine Saunders, Chair</u> – Received information about Go-Go Grandparent company that provides transportation services to the older adult population. Will forward to the AIP sub-committee.</p>
<p>Next Meeting Date</p>	<p>The next meeting date is Wednesday, May 9, 2018 at 10:00 am at the Bureau of Aging & Disabilities Library.</p>