

## Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: March 25, 2026

Start Time: 10:00am

Location: In-Person at the COVE, 115 Stoner Ave, Westminster

Chairperson: Jim McCarron

Vice-Chair: Lauren Hickey

Topic	Discussion
<b>Attendance – COAD</b> members in bold	<b>Jim McCarron, Lauren Hickey, Paul Ioannidis, Michelle Jacobs, Michael Klein, Lisa Shepet, Roxanne Hemphill, Michelle Jacobs, Cheryl Steinbacher,</b> Commissioner Joseph Vigliotti, Gina Valentine, Bobbie Lawrence, Rich Ottone, Dawn Goldrick, Sabrea Joyner, Mark White
<b>Acronyms</b>	<b>AAA</b> - Area Agency on Aging, <b>ADA</b> - American’s w/Disabilities Act, <b>ADL</b> - Activities of Daily Living, <b>AIP</b> – Aging in Place, <b>BCC</b> – Board of County Commissioners, <b>COAD</b> – Commission on Aging and Disabilities, <b>CDSMP</b> – Chronic Disease Self-Management Program, <b>CTS</b> – Carroll Transit System, <b>CIL</b> - Center for Independent Living, <b>DOAD</b> - Division of Aging and Disabilities, <b>DSS</b> – Department of Social Services, <b>FFP</b> – Federal Financial Participation, <b>HSP</b> – Human Services Programs of Carroll County, <b>LTAC</b> – Long Term Advisory Council, <b>LTCOP</b> - Long Term Care Ombudsman Program, <b>M4A</b> - Maryland Association of Area Agencies on Aging, <b>MAP</b> - Maryland Access Point, <b>MASCC</b> – Mt. Airy Senior & Community Center, <b>MDH</b> - Maryland Department of Health, <b>MDoA</b> – Maryland Department of Aging, <b>MFP</b> -Money Follows the Person, <b>MOU</b> – Memorandum of Understanding, <b>MWOA</b> - Medicaid Waiver for Older Adults, <b>NCSCC</b> – North Carroll Senior & Community Center, <b>NED</b> - Non-Elderly Disabled, <b>NFCSP</b> - National Family Caregiver Support Program, <b>OAA</b> - Older Americans Act, <b>OHQCQ</b> - Office of Health Care Quality, <b>SALS</b> - Senior Assisted Living Subsidy program, <b>SCSCC</b> – South Carroll Senior & Community Center, <b>SHIP</b> - State Health Insurance Assistance Program, <b>SIP</b> - Senior Inclusion Program, <b>SMP</b> - Senior Medicare Patrol, <b>SPDAP</b> - Senior Prescription Drug Assistance Program, <b>TSCC</b> – Taneytown Senior & Community Center, <b>VTV</b> – Village to Village, <b>WEAAD</b> – World Elder Abuse Awareness Day, <b>WSCC</b> – Westminster Senior & Community Center.
<b>Call to Order/Introductions –</b> Jim McCarron	Jim McCarron called the meeting to order. Introductions were made.
<b>Establishment of a Quorum –</b> Jim McCarron	Quorum was established.
<b>Approval of Minutes –</b> Jim McCarron	The January meeting minutes were approved. Motion to approve was made by Cheryl Steinbacher and seconded by Michelle Jacobs. The minutes were approved unanimously.
<b>Commissioner’s Comments –</b>	Commissioner Vigliotti <ul style="list-style-type: none"> <li>• County budget season: things are looking good</li> </ul>

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	<ul style="list-style-type: none"> <li>• Thanked those that were able to attend the Family Shelter Ribbon Cutting that was held on March 17<sup>th</sup> at The COVE</li> </ul>
<p><b>Division of Aging &amp; Disabilities</b></p>	<p><u>DOAD Update – Gina Valentine</u></p> <ul style="list-style-type: none"> <li>• Annual Area Plan (4-year plan) will be submitted to MDoA</li> <li>• Planning to present to BCC on April 9<sup>th</sup></li> <li>• Holding Public Meeting for Area Plan on April 7<sup>th</sup> at 10:00 a.m. at the Westminster Senior Center; invitation has been sent out</li> <li>• SOAR Program – received more information from MDoA; implemented on July 1<sup>st</sup> and will be a transition period</li> <li>• Veterans Celebration is on Sunday, May 3<sup>rd</sup> from 12 noon – 4 p.m. at the Carroll County Farm Museum. Free admission, sponsorship opportunities available, military equipment on-site, golf carts on site for those that have mobility issues. Volunteers welcome and appreciated</li> <li>• WEAAD event – June 15<sup>th</sup>. Planning to have a keynote speaker and panel discussion. Planning to hold it at Mt. Airy Senior Center. Flyer will be distributed</li> <li>• Operating budget season</li> <li>• Courtney Clinton will be starting as the new Ombudsman Program Specialist for DOAD</li> </ul> <p><u>Program Update – Bobbie Lawrence</u></p> <ul style="list-style-type: none"> <li>• Increasing your Capacity for Excellent Care Series at Carroll Community College. First workshop is coming up; the first class “Preparing for the Big Decisions” is being held Saturday, April 11<sup>th</sup>. See flyer for registration information</li> <li>• Grandparents Conference has been canceled and was originally scheduled for Saturday, March 28<sup>th</sup> at Westminster Senior Center. We would like to reschedule this to another date for this fiscal year</li> <li>• New Adult Medical Daycare (AMDC) in Carroll County – The Nest Foundation; brochure will be pushed out</li> <li>• Will be submitting 6-month report to Kahlert Foundation by April 1<sup>st</sup></li> <li>• Jennifer Harris has started as Administrative Associate at DOAD</li> </ul> <p><u>Senior Center Update- Rich Ottone</u></p> <ul style="list-style-type: none"> <li>• Taneytown Senior Center back-room renovation in progress; should hopefully be done by mid-April</li> <li>• Boxing for Balance new class offered at NCSC – designed for those with Parkinson’s Disease, starting April 13<sup>th</sup></li> </ul>

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	<ul style="list-style-type: none"> <li>• Town Hall at Mt Airy – starting pilot program offered through CTS (Ride with Us) that will provide transportation to residents who live on the Frederick County side of Mt. Airy to get to Carroll County</li> <li>• Farmer’s Market program will start up soon; online sign up - more information to come</li> <li>• DDA (Developmental Disabilities Administration) looking at budget cuts</li> </ul> <p><u>Age Friendly Update – Gina Valentine</u></p> <ul style="list-style-type: none"> <li>• Lois Romeo not present, continuing to analyze data for the Age-Friendly Initiative; this will help us guide the Area Plan</li> <li>• Next steps: will present results to BCC. Determine the domains of livability and develop an action plan</li> </ul> <p><u>Rec and Parks – Bob Hicks</u></p> <ul style="list-style-type: none"> <li>• Not present, no update</li> </ul>
<p><b>Old Business</b></p>	<p>A. <u>MD Alliance of Disability Commissions Update</u> No updates</p> <p>B. <u>COAD bylaws – Gina Valentine</u></p> <ul style="list-style-type: none"> <li>• Orientation for new members: New members will be oriented to the services and programs provided by the Carroll County Division of Aging &amp; Disabilities</li> <li>• Reviewed membership changes; some are required by the Older Adults American Act Final Rule</li> <li>• Commissioners may give preference to where applicants reside to ensure all areas of the County are represented</li> <li>• Officers: At the regular meeting in May of each year, the members of the Commission shall elect a Chairperson and a Vice-Chairperson who shall serve for a period of one (1) year beginning in June</li> </ul>

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	<ul style="list-style-type: none"> <li>• Open Meetings Act – potential for training so all members understand the requirements</li> <li>• COAD meetings will provide an opportunity for public comment on the agenda</li> <li>• Meetings will be held in-person</li> <li>• RSVP’s need to be given to Amanda Coshun prior to each meeting to establish whether we will have a quorum</li> <li>• Members with actual or perceived conflicts of interest are expected to recuse themselves from voting on such matters</li> <li>• The bylaws will reviewed by the COAD members every (2) two years</li> <li>• Cheryl Steinbacher made a motion; Lauren Hickey seconded</li> <li>• Approved bylaws as drafted</li> <li>• Next step is to go before BCC to request approval; when that is scheduled notice will be sent out</li> </ul>
<p><b>New Business –</b></p>	
<p><b>Area Reports –</b> COAD Members</p>	<p><u>COAD Members</u> Cheryl Steinbacher</p> <ul style="list-style-type: none"> <li>• concern over mailing in ballots</li> </ul>

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	<p>Michael Klein</p> <ul style="list-style-type: none"> <li>• marketing COAD members</li> </ul> <p>Lauren Hickey</p> <ul style="list-style-type: none"> <li>• April 9<sup>th</sup> Public meeting for New Windsor sidewalk</li> </ul> <p>Roxanne Hemphill</p> <ul style="list-style-type: none"> <li>• COAL (Commission on Aging and Livability) – once a month; Mt Airy Public Library in early evening Smartphone help Flyers at Senior Centers</li> </ul> <p>Jim McCarron</p> <ul style="list-style-type: none"> <li>• 250<sup>th</sup> Birthday Celebrations around the County, state, nationwide</li> </ul>
<p><b>Public Comment</b></p>	<p>Motion to adjourn meeting was made by Lauren Hickey and seconded by Roxanne Hemphill.</p>
<p><b>Next Meeting Date</b></p>	<p><b>Next meeting is May 27, 2026, 10 a.m. – 11:30 a.m. IN-PERSON at the COVE, 115 Stoner Avenue, Westminster</b></p>