

SOUTH CARROLL
SENIOR CENTER

January Lunch Menu

HAPPY NEW
YEAR
2025

Monday

Tuesday

Wednesday

Thursday

Friday

<p style="text-align: center;"><u>Reservation Required</u> by posted sign up date.</p> <p>To reserve a lunch fill out the colored lunch reservation book located in the hallway outside the dining room by the specified date. Cost of lunch for center members 60+ is a donation up to \$6.31 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$6.31. Spouses of adults over 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.31.</p>		<p>1</p> <p style="font-size: 2em; color: red; font-weight: bold;">CENTER CLOSED</p>	<p>2</p> <p>Roast Pork Loin w/Sweet Onion Gravy</p> <p>Peas & Mushrooms</p> <p>Garlic Mashed Potatoes</p> <p>Fruit Cocktail</p> <p>WG White Wheat Bread</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 12/27</p>	<p>3</p> <p>Honey BBQ Beef Rib Patty</p> <p>Fresh Cole Slaw</p> <p>WG Sandwich Roll</p> <p>Fiesta Black Beans</p> <p>Fruited Yogurt w/Crisp Garnish</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 12/30</p>
<p>6</p> <p>Chicken Breast Coq Au Vin</p> <p>WG Brown Rice Pilaf</p> <p>Mix Vegetables</p> <p>WG Wheat Bread</p> <p>Slice Apple Snack Pack</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 12/31</p>	<p>7</p> <p>Salisbury Steak w/Gravy</p> <p>Roasted Potatoes</p> <p>Harvard Beets</p> <p>WG Wheat Bread</p> <p>Amish Navy Bean Salad</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/2</p>	<p>8</p> <p style="color: red; font-weight: bold;">New Menu Item</p> <p>White Bean Chicken Chile</p> <p>Yellow Rice Pilaf</p> <p>WG Corn Muffin</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/3</p>	<p>9</p> <p style="color: red; font-weight: bold;">SPECIAL</p> <p>Breaded Fish Sandwich Lettuce, Tomato & Tartar Sauce</p> <p>WG Sandwich Bun</p> <p>Mixed Vegetables</p> <p>Fruit Cocktail</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 12/31</p>	<p>10</p> <p>Maple-Peach Glazed Ham</p> <p>Au Gratin Potatoes</p> <p>Roasted Brussels Sprouts</p> <p>Pineapple Tidbits</p> <p>WG Wheat Bread</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/7</p>
<p>13</p> <p>Chicken Breast in Creamy Artichoke sauce</p> <p>Lemon Rice Pilaf</p> <p>Seasoned Green Beans</p> <p>WG Wheat Bread</p> <p>Cinnamon Apples Slices</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/8</p>	<p>14</p> <p>Classic Soft Taco WW Tortilla</p> <p>Sour Cream & Cheddar Cheese</p> <p>Fresh Romaine Lettuce</p> <p>Tomato Salsa</p> <p>Ranchero Pinto Beans</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/9</p>	<p>15</p> <p>Pot Roast of Beef w/Burgundy Gravy</p> <p>Roasted Potatoes</p> <p>Seasoned Greens</p> <p>Mandarin Oranges</p> <p>WG Wheat Bread</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/10</p>	<p>16</p> <p style="color: red; font-weight: bold;">SPECIAL</p> <p>Stuffed Chicken Mashed Potatoes Gravy</p> <p>Green Bean Casserole</p> <p>WG Wheat Bread</p> <p>Apple Pie w/Whipped Topping</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/8</p>	<p>17</p> <p>Pepperjack Cheeseburger</p> <p>WG Sandwich Roll</p> <p>Lettuce & Tomato</p> <p>Fresh Broccoli Slaw</p> <p>Tropical Fruit</p> <p>Fruited Yogurt</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/14</p>
<p>20</p> <p style="font-size: 2em; color: red; font-weight: bold;">CENTER CLOSED</p>	<p>21</p> <p style="color: red; font-weight: bold;">SUB</p> <p>Roast Beef Sandwich</p> <p>Kaiser Roll</p> <p>Potato Salad</p> <p>Lettuce, Tomato & Onions</p> <p>Cole Slaw</p> <p>Fruit Cocktail</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/10</p>	<p>22</p> <p style="color: red; font-weight: bold;">SUB</p> <p>Meatball Sub</p> <p>WG Wheat Italian Roll</p> <p>Seasoned Green Beans</p> <p>Mandarin Oranges</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/16</p>	<p>23</p> <p>Chicken Breast w/Paprika Sauce</p> <p>WG Lemon Rice Pilaf</p> <p>Wax Bean & Green Bean Medley</p> <p>WG Wheat Bread</p> <p>Cinnamon Apple Sauce</p> <p>Fruited Yogurt</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/17</p>	<p>24</p> <p>Split Pea Soup</p> <p>Chicken Salad Sandwich</p> <p>Lettuce & Tomato</p> <p>WG Sandwich Roll</p> <p>Fresh Cole Slaw</p> <p>Tropical Fruit</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/21</p>
<p>27</p> <p>Roasted Pork Loin w/Gravy</p> <p>German Cucumber Salad</p> <p>Seasoned Kale</p> <p>Garlic Mashed Potatoes</p> <p>WG Wheat Dinner Roll</p> <p>Sliced Apple Snack Pack</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/22</p>	<p>28</p> <p>Chicken Fajitas</p> <p>Sour Cream</p> <p>WG Tortilla</p> <p>Mexican Rice</p> <p>Diced Peaches</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/23</p>	<p>29</p> <p>Sliced Corn Beef</p> <p>Mashed Potatoes</p> <p>Braised Red Cabbage</p> <p>Corn & Pea Salad</p> <p>Tropical Fruit</p> <p>WG Wheat Bread</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/24</p>	<p>30</p> <p style="color: red; font-weight: bold;">New Menu Item</p> <p>Asian Chicken & Soba Noodles</p> <p>Japanese Cucumber Salad</p> <p>WG Wheat Bread</p> <p>Pineapple Tidbits</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/27</p>	<p>31</p> <p>Multi Bean Soup</p> <p>Curried Chicken Salad Plate</p> <p>Baby Spinach</p> <p>Grape Tomatoes</p> <p>WG Wheat Bread</p> <p>Mandarin Oranges</p> <p style="color: red; font-weight: bold;">Sign up due by 10:00am 1/28</p>