

# JUNE

# 2025



## Mt Airy Senior Center

703 Ridge Avenue  
Mt Airy, MD 21771

### Phone:

410.386.3960

301.829.2407

### Hours:

Monday-Thursday 8:00 am- 4:00 pm

Friday 8:00 AM -3:00 PM

### Email: Senior Center

[mtairysc@carrollcountymd.gov](mailto:mtairysc@carrollcountymd.gov)

### Email: Carroll County Government

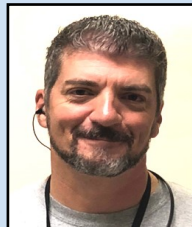
- [www.carrollcountymd.gov](http://www.carrollcountymd.gov)
- Scroll down to horizontal icons
- Use arrows to go right
- Choose Senior & Community Centers of Carroll County, MD
- Choose Online Senior Center



**Center Manager**  
Angie Walz



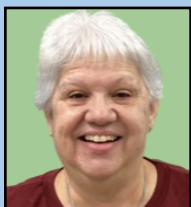
**Center Assistant**  
Ann Palmisano



**Center Custodian**  
Dave Thompson

## SITE COUNCIL OFFICERS

**President:**  
Adele Connolly



**Vice President:**  
Janet Leyshon



**Treasurer:**  
Diann Linton



**Secretary:**  
Linda Gravitt



**Corresponding Secretary**  
Sandra Whitaker



# June 2025

## Lunch Menu: Dine In Only

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Roasted Pork Loin</b> <b>Reservation due</b> <b>Wednesday</b> <b>May 28th</b> <b>by 10:00 am</b>	<b>3</b> <b>Chicken Fajitas</b> <b>Reservation due</b> <b>Thursday</b> <b>May 29th</b> <b>by 10:00 am</b>	<b>4</b> <b>Corned Beef</b> <b>Reservation due</b> <b>Friday</b> <b>May 30th</b> <b>by 10:00 am</b>	<b>5</b> <b>Asian Chicken Soba Noodles</b> <b>Reservation due</b> <b>Monday</b> <b>June 2nd</b> <b>by 10:00 am</b>	<b>6</b> <b>Curried Chicken Salad</b> <b>Reservation due</b> <b>Tuesday</b> <b>June 3rd</b> <b>by 10:00 am</b>
<b>9</b> <b>Chicken Cordon Blue Sand</b> <b>Reservation due</b> <b>Wednesday</b> <b>June 4th</b> <b>by 10:00 am</b>	<b>10</b> <b>Pot Roast</b> <b>Reservation due</b> <b>Thursday</b> <b>June 5th</b> <b>by 10:00 am</b>	<b>11</b> <b>Cold Fried Chicken Patty</b> <b>Reservation due</b> <b>Friday</b> <b>June 6th</b> <b>by 10:00 am</b>	<b>12</b> <b>Meatloaf</b> <b>Reservation due</b> <b>Monday</b> <b>June 9th</b> <b>by 10:00 am</b>	<b>13</b> <b>Father's Day</b> <b>BBQ Chicken</b> <b>Reservation due</b> <b>Monday</b> <b>June 9th</b> <b>by 10:00 am</b> <b>BINGO</b>
<b>16</b> <b>Ham &amp; Cheese Sub</b> <b>Reservation due</b> <b>Tuesday</b> <b>June 10th</b> <b>by 10:00 am</b>	<b>17</b> <b>Chicken Breast</b> <b>Reservation due</b> <b>Thursday</b> <b>June 12th</b> <b>by 10:00 am</b>	<b>18</b> <b>Salisbury Steak</b> <b>Reservation due</b> <b>Friday</b> <b>June 13th</b> <b>by 10:00 am</b>	<b>19</b> <b>JUNETEENTH HOLIDAY</b>	<b>20</b> <b>BBQ Chicken Sandwich</b> <b>Reservation due</b> <b>Tuesday</b> <b>June 17th</b> <b>by 10:00 am</b>
<b>23</b> <b>Ham</b> <b>Reservation due</b> <b>Wednesday</b> <b>June 18th</b> <b>by 10:00 am</b>	<b>24</b> <b>Chicken Breast</b> <b>Reservation due</b> <b>Wednesday</b> <b>June 18th</b> <b>by 10:00 am</b>	<b>25</b> <b>Baked Potato</b> <b>Reservation due</b> <b>Wednesday</b> <b>June 18th</b> <b>by 10:00 am</b>	<b>26</b> <b>Pot Roast</b> <b>Reservation due</b> <b>Monday</b> <b>June 23rd</b> <b>by 10:00 am</b>	<b>27</b> <b>Chicken Caccitore</b> <b>Reservation due</b> <b>Tuesday</b> <b>June 24th</b> <b>by 10:00 am</b>
<b>30</b> <b>Pepperjack Beef Patty</b> <b>Reservation due</b> <b>Wednesday</b> <b>June 25th</b> <b>by 10:00 am</b>				

- ◆ Cost of lunch for Center members 60+ is a donation up to \$6.31 (full cost of meal).
- ◆ Per grant requirements, those under 60 must pay the full price of \$6.31. Box Lunch \$7.24
- ◆ Spouses of adults 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price \$6.31.



If enough reservations aren't made, the meal will not be ordered. Please support those who'd like to have a meal and order yours.

**Reservations:** Call: 410-386-3960 or 301-829-2407

Email: [mtairysc@carrollcountymd.gov](mailto:mtairysc@carrollcountymd.gov)

# June 2025

## Box Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>Curried Chicken Salad</b> Reservation due Wednesday May 28th by 10:00 am	3 <b>Cold Grilled Chicken</b> Reservation due Thursday May 29th by 10:00 am	4 <b>Chicken Salad</b> Reservation due Friday May 30th by 10:00 am	5 <b>Ham &amp; Cheese</b> Reservation due Monday June 2nd by 10:00 am	6 <b>Turkey Cranberry Salad</b> Reservation due Tuesday June 3rd by 10:00 am
9 <b>Bologna, Salami &amp; Cheese</b> Reservation due Wednesday June 4th by 10:00 am	10 <b>Tuna</b> Reservation due Thursday June 5th by 10:00 am	11 <b>Cold Fried Chicken Patty</b> Reservation due Friday June 6th by 10:00 am	12 <b>Egg Salad</b> Reservation due Monday June 9th by 10:00 am	13 <b>Turkey &amp; Cheese</b> Reservation due Monday June 9th by 10:00 am <b>BINGO</b>
16 <b>Curried Chicken Salad</b> Reservation due Tuesday June 10th by 10:00 am	17 <b>Cold Grilled Chicken</b> Reservation due Thursday June 12th by 10:00 am	18 <b>Chicken Salad</b> Reservation due Friday June 13th by 10:00 am	19 <b>JUNETEENTH HOLIDAY</b>	20 <b>Turkey Cranberry Salad</b> Reservation due Tuesday June 17th by 10:00 am
23 <b>Bologna, Salami &amp; Cheese</b> Reservation due Wednesday June 18th by 10:00 am	24 <b>Tuna</b> Reservation due Wednesday June 18th by 10:00 am	25 <b>Cold Fried Chicken</b> Reservation due Wednesday June 18th by 10:00 am	26 <b>Egg Salad</b> Reservation due Monday June 23rd by 10:00 am	27 <b>Turkey &amp; Cheese</b> Reservation due Tuesday June 24th by 10:00 am
30 <b>Curried Chicken Salad</b> Reservation due Wednesday June 25th by 10:00 am				

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Email: [mtairysc@carrollcountymd.gov](mailto:mtairysc@carrollcountymd.gov)





LOST A BUTTON?  
BROKE A ZIPPER?  
PANTS TOO LONG?



# MENDING BY CAROL

*Fast and Free!!*



Bring in your items with your name and phone number the first Thursday of each month between 11am - 12pm.

Jun 5    July 3    Aug 7    Sep 4    Oct 2    Nov 6    Dec 4

# Upcoming Special Events

Program	Date	Time	Cost
Insurance Questions SHIP & MIA Representative	Wednesday June 4	10:00 am - 1:00pm	None
Crafts Galore	Friday June 6	10:00 am	None
Coffee & Conversation With Snacks	Tuesday June 10 & 24	9:30 am	None
Moving Through Loss	Thursday June 5	2:00 pm	None
Sing A-long 	Friday Jun 13	Beginning at 10:00 am	None
<b>Bingo</b>	Friday June 13	12:30 pm	\$1.00 per card
Next Site Council Meeting	Monday July 21	10:30 am	None
Mending by Carol First Thursday of each month	Thursday June 5	Beginning at 11:00 am - 12:00 pm	None
Senior Center Book Club Book: Maisie Dobbs By Jacqueline Winspear	Tuesday In Class Room June 17	10:00 am	None
 Swap Day	Tuesday June 17	Beginning at 10:00 am	Bring what you'd like to swap. Come find a treasure!
Site Council Fundraiser Jersey Mike's Sub	Saturday June 14	All Day	Cost of Subs
Blood Pressure Check	Thursday June 26	Beginning at 10:00 am	None
Father's Day Luncheon	Friday June 13	Beginning at 11:30	Check Menu
Senior Center Closed @ 11:30 am	Wednesday June 11	Center Closed @ 11:30 am	None

# Lost, Found, Needed & Info

**Found:** If you lost something come see if we have found it!!



## Volunteering Opportunities

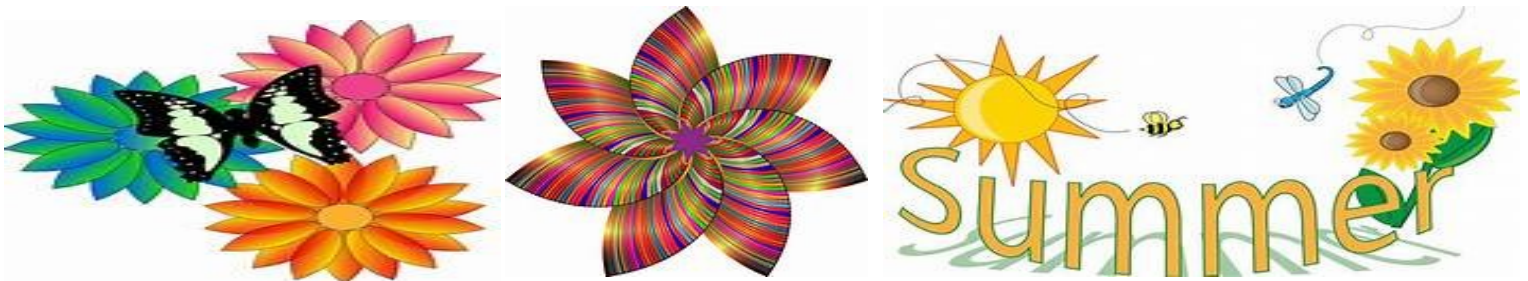
**Kitchen Volunteers** needed **Monday , Tuesday & Friday**: Help prep lunch, serve and cleanup after meal. It will be really appreciated!

**Front Desk Volunteers** **needed!** You're the first person folks see and meet when they come into the center. Your greeting and smile make all the difference in welcoming all those who come into the center.



**Hand and Foot card game players!** Folks have asked if there is anyone who would play Hand and Foot on a scheduled basis. If folks come, the scheduling of playing can be determined. This would add FUN to the scheduled activities here at the center.

**Volunteers are needed to read a short skit/play:** There are a few short skit type plays that are humorous for an audience to enjoy. Nothing has to be memorized. A one time read thru maybe helpful but not necessary. Again, this would add FUN to the center.



**Decoration Helpers:** If you have ideas for decorating the center, like making decorations and enjoy holidays, this is the volunteer job for you!

**Helping with Trip forms:** Someone who is a bit detail oriented is needed to help with the trip forms.

## **Special Meals in June:**

**Father's Day Lunch - Friday, June 13, 2025**

**Sub Day - Monday, June 16, 2025**

**Baked Potato - Wednesday, June 25, 2025**

## **Special Events in June:**

- ♦ **Crafts Galore** Friday, June 6 @ 10 am
  - ♦ **Coffee & Conversation** Tuesday, June 10 & 24  
@ 9:30 am
  - ♦ **Sing A-long** Friday, June 13 @ 10:00 am
  - ♦ **Bingo** Friday, June 13 @ 12:30 pm
  - ♦ **SWAP Day** Tuesday, June 17 @ 10:00 am-2:00 pm  
Bring **CLEAN** things you'd like to SWAP with someone or give away.  
Find a treasure. What doesn't "go" will be donated to a thrift shop or  
dumpster. If possible, be here to help cleanup.
  - ♦ **Book Club**: Tuesday, June 17 @ 10:00 am in Class Room
  - ♦ **Get Active Your Way** with Terry Serio  
Thursday, June 12 @ 11:00 am
- Moving Through Loss:** Thursday, June 5 @ 2:00  
pm

**Jersey Mike's Fundraiser:** Saturday, June 14,  
2025

All Day presented by the Site Council

# Daily Activities

**MONDAY**



Program	Time	Sessions	Cost
Exercise Equipment	8:00 am - 3:45 pm	Ongoing	None
Walk the Hallway	8:00 am - 3:45 pm	Ongoing	None
Billiards	8:00 am - 3:45 pm	Ongoing	None
Puzzles	8:00 am - 3:45 pm	Ongoing	None
Lending Library	8:00 am - 3:45 pm	Ongoing	None
Computer Lab	8:00 am - 3:45 pm	Ongoing	None
Monday Yoga Karen Boger	10:30 am - 11:30 am	Ongoing	\$30.00
Lunch	11:45 am	Ongoing	See Menu
Line Dance Class Candy Ranlet	12:30 pm	Ongoing	Donation up to \$30.00 Sponsored by Koons
Games	12:30 pm	Ongoing	None

**NOTE:** In most cases, if classes are not full, you may join a class in progress without waiting until the next session begins. See center manager for details.



# Daily Activities

## TUESDAY

Program	Time	Session	Cost
			
Exercise Equipment	8:00 am - 3:45 pm	Ongoing	None
Walk the Hallway	8:00 am - 3:45 pm	Ongoing	None
Billiards	8:00 am - 3:45 pm	Ongoing	None
Puzzles	8:00 am - 3:45 pm	Ongoing	None
Lending Library	8:00 am - 3:45 pm	Ongoing	None
Computer Lab	8:00 am - 3:45 pm	Ongoing	None
Lunch	11:45 am	Ongoing	See Menu
Strength & Mobility with Jenni Combs	9:00 am - 10:00 am	Ongoing	Donation
Dance Fit Karen Boger	10:30 am - 11:30 am	Ongoing	Donation
Coffee & Conversation	9:30 am	June 10 & 24	Come and join with friends!
SWAP Day	10:00 am - 2:00 pm	June 17	None
Senior Center Book Club	10:00 am	June 17	Class Room
New: Mexican Train & Other Games	12:30 pm	June 3 & 17	None
Rummikub	12:30 pm	Ongoing	None
Mah Jongg	12:30 pm - 3:30 pm	Ongoing	None

The Carroll County Bureau of Aging & Disabilities suggests that those interested in taking a physical activity program should consult with a medical professional before engaging in these activities. Physical exertion may be inappropriate for people with certain medical conditions. You must initial the Participation Agreement on the Membership Form prior to participating in these programs.

# Daily Activities

**WEDNESDAY**

Program	Time	Sessions	Cost
Exercise Equipment	8:00 am - 3:45 pm	Ongoing	None
Walk the Hallway	8:00 am - 3:45 pm	Ongoing	None
Billiards	8:00 am - 3:45 pm	Ongoing	None
Puzzles	8:00 am - 3:45 pm	Ongoing	None
Lending Library	8:00 am - 3:45 pm	Ongoing	None
Computer Lab	8:00 am - 3:45 pm	Ongoing	None
Drawing & Painting Mary Streaker	9:00 am - 11:00 am	Ongoing	\$30.00
Sr Information and Assistance	10:00—11:00 am	Second Wed of the month	None
Yoga 2 Karen Boger	10:30 am	Ongoing	\$30.00
Rummikub	12:30 pm	Ongoing	None
Mahjong	12:00 pm	Ongoing	None



# Daily Activities

## THURSDAY

Program	Time	Sessions	Cost
Exercise Equipment	8:00 am – 3:45 pm	Ongoing	None
Walk the Hallway	8:00 am - 3:45 pm	Ongoing	None
Billiards	8:00 am - 3:45 pm	Ongoing	None
Puzzles	8:00 am - 3:45 pm	Ongoing	None
Lending Library	8:00 am - 3:45 pm	Ongoing	None
Computer Lab	8:00 am - 3:45 pm	Ongoing	None
Itch to Stitch Needlework, Crochet, and Knitting Group	9:00 am - 11:00 am	Ongoing	None
Blood Pressure Screening	9:00 am - 11:00 am	3rd Thursday of the month	None
Tap Dancing Pat Chalk	9:00 am - 11:00 am	Ongoing	\$30.00
Strength & Mobility Jenni Combs	10:45	Ongoing	\$30.00
Arthritis Exercise Chris Konior	12:30 pm - 1:30 pm	Ongoing	\$30.00
Rummikub	12:30 pm	Ongoing	None
Moving Through Loss	June 5	2:00 pm	None
Get Active Your Way Terry Serio	Thursday June 12	11:00 am	None

# Daily Activities

## FRIDAY

Program	Time	Sessions	Cost
Exercise Equipment	8:00 am – 2:45 pm	Ongoing	None
Walk the Hallway	8:00 am - 2:45 am	Ongoing	None
Billiards	8:00 am - 2:45 pm	Ongoing	None
Puzzles	8:00 am - 2:45 pm	Ongoing	None
Lending Library	8:00 am - 2:45 pm	Ongoing	None
Computer Lab	8:00 am - 2:45 pm	Ongoing	None
Quilting with Friends	9:00 am - 11:00 am	Ongoing	None
Tai Chi Toni Minkel	10:30 am - 11:30 am	Ongoing	\$30.00
Kindness, Support, and Compassion Group	1::00 pm	June 7 & 21	None
Sing Along	June 13 10:00 am		
Bingo	June 13 12:30 pm		\$1.00 per card





# COFFEE & CONVERSATION

Tuesday - June 10th

&

Tuesday - June 24th

In the Dining Room

Begins @ **9:30 am**

Join anytime

Coffee  
&  
Snacks



# INSURANCE QUESTIONS?? STOP BY AND GET UNBIASED ANSWERS

SHIP & MIA representatives will be on-site at your local Senior & Community Center to provide answers from 10:00am-1:00pm on the dates listed to the right.

We will be holding a free insurance information day at each of our 5 Senior and Community Centers in June. Carroll County SHIP/SMP will be available to provide information on Medicare. The Maryland Insurance Administration (MIA) will be available to provide information about Auto, Home, Life, Health, & Flood Insurance. No appointment necessary. You're welcome to stop by at your convenience during the allotted timeframe.



**South Carroll Senior & Community Center**  
5928 Mineral Hill Rd  
Sykesville, MD 21784  
June 2nd, 2025

**Mt Airy Senior & Community Center**  
703 Ridge Ave  
Mt Airy, MD 21771  
June 4th, 2025

**North Carroll Senior & Community Center**  
2328 Hanover Pike  
Hampstead, MD 21074  
June 5th, 2025

**Taneytown Senior & Community Center**  
220 Roberts Mill Rd  
Taneytown, MD 21787  
June 10th, 2025

**Westminster Senior & Community Center**  
125 Stoner Ave  
Westminster, MD 21157  
June 18th, 2025

## CARROLL COUNTY BUREAU OF AGING & DISABILITIES

For Questions Contact:  
Kristen Harvey  
SHIP/SMP Coordinator  
410-386-3832

kharvey@carrollcounty  
md.gov



EAT A SUB, MAKE A DIFFERENCE!

# FUNDRAISER

Saturday, June 14, 2025 • All Day



Good goes beyond the sub! Visit our store or order on our app using promo code **MASC15** on June 14th-and we'll happily donate **15% of your sale** in support of the **Mt. Airy Senior Center Site Council equipment upgrade fund**. Enjoy some great subs and help Jersey Mike's support this worthy cause.

VALID ONLY AT: **413 E. RIDGEVILLE BOULEVARD • MOUNT AIRY • 301-829-5904**

Valid 6/14/25. Valid in app with promo code MASC15 or mention this flyer in store. 4484

# Just for Fun

Tuesday - June 17



WANT to  
SWAP?

Please do not  
bring  
Broken Items

Bring in things you'd like to swap or give away. **Everything must be clean.** We'll be in the dining room. Folks will be able to enjoy giving things away and/or taking home new treasures.

**10:00 am - 2:00 pm**

What doesn't find new homes, goes back home with you or it is donated to a thrift shop or the dumpster.



## Opportunities to Give

## Women's Shelter

## Collecting items to be included in hand crocheted baskets made & assembled by Janet Leyshon

**Travel sizes are best and only new items-All size items will be used**

- ◆ Deodorant
- ◆ Bar Soap or Bath Gel
- ◆ Lotion
- ◆ Tooth Paste
- ◆ Mouth Wash
- ◆ Tooth Brushes & Floss
- ◆ Toothbrush Covers
- ◆ Hairbrushes & Combs
- ◆ Hair Ties & Scrunches
- ◆ Shampoo
- ◆ Conditioner
- ◆ Hand Sanitizers
- ◆ Cotton Swabs
- ◆ Band-Aids
- ◆ Hand Sanitizers
- ◆ Cotton Swabs
- ◆ Band-Aids
- ◆ Lip Balm
- ◆ Disposable Razors
- ◆ Emery Boards
- ◆ Individual Size Antibacterial Hand Wipes
- ◆ Socks
- ◆ Clear Nail Polish
- ◆ Facial Tissues (Kleenex type tissues)

**Pill bottles are not needed at this time!**



**YOU make a difference.**

## Carroll Food Sunday Helps provide emergency supplemental food in Carroll County

- Peanut Butter
- Jelly
- Cereal
- Canned Soup
- Canned Pasta
- Canned Chili
- Canned or Bagged Beans Red or Black
- Pancake Mix
- Pancake Syrup

We encourage you to donate the same nutritious food you would serve your own family. Please check for expiration dates on your items and don't donate those that have expired.

Please **don't** donate opened pkgs of food even if they're individually wrapped. Due to regulations, they can't be accepted and distributed. Boxes and bags must be sealed and nothing removed. Thank you for caring for others!

Please only donate unused items. Thank you!

On the **4th Thursday of this month**,  
you will be able to have your  
**Blood Pressure** checked.  
**Time:** 9:00 am-11:00 am



## Senior Center Trips

If you are a Senior Center member, you may participate in any of the Senior Center trips. Please contact the Senior Center for more details.

**2025 Trips: Must complete Mount Airy Senior & Community Center Emergency Trip Information Form (2 sided) if you haven't filled one out before or your information has changed.**



**Trips are not scheduled**

January thru March due to inclement weather potential

## Senior Center Trips 2025

<u>Senior Center</u>	<u>Date of Trip</u>	<u>Trip Description</u>	<u>Cost</u>	<u>Sign up Information</u>
Mt Airy 410-386-3960	June 9	Rocky Gap	\$35.00	Carol Wilson 301-829-8926
Mt Airy 410-386-3960	July 3	Totem Pole 9 to 5 Lunch @ Hickory Bridge	\$115.00	Carol Wilson 301-829-8926
Mt Airy 410-386-3960	August 27	Totem Pole Neil Diamond Tribute Lunch @ Hickory Bridge	\$115.00	Carol Wilson 301-829-8926
Mt Airy 410-386-3960	September 16	By Land & Sea Naval Academy	TBD	Carol Wilson 301-829-8926
Mt Airy 410-386-3960	October 22	Dutch Apple Theater A Chorus Line	TBD	Carol Wilson 301-829-8926
Mt Airy 410-386-3960	November 12	Museum of the Bible	TBD	Carol Wilson 301-829-8926
Mt Airy 410-386-3960	December 11	American Music Theater Deck the Halls	TBD	Carol Wilson 301-829-8926