



Cauliflower Bites

Ingredients:

- **12 oz** Frozen Cauliflower
- **1 Cup** Flour
- **1 Cup** Milk
- **2 Tbsp** Garlic Powder
- **2 Tbsp** Smoked Paprika
- **½ Cup** Hot Sauce of your choice

Instructions:

1. Take the cauliflower out of the freezer the night before and let the bag thaw out in the fridge.
2. When ready to cook, preheat oven to 350°F.
3. Mix the flour, milk, garlic powder, and smoked paprika in bowl to make a batter.
4. Add the cauliflower to batter mixture and mix until well combined.
5. Bake cauliflower for 30 minutes. Remove from oven and coat the cauliflower in the hot sauce.
6. Add cauliflower back to oven at 350°F for an additional 10 minutes. Remove from oven once done.
7. Serve and enjoy!