

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 New Item</p> <p>Chicken Cordon Blue Sandwich <i>(Chicken Breast, Cheese, Ham, Lettuce & Tomato)</i></p> <p>WG Wheat Roll</p> <p>Broccoli Salad</p> <p>Baked Beans</p> <p>Fruited Yogurt</p> <p>Sign up due by 10:00am 1/29</p>	<p>4</p> <p>BBQ Pork Loin</p> <p>Roasted Brussels Sprouts</p> <p>WG Sandwich Bun</p> <p>Fresh Cole Slaw</p> <p>Pineapple Tidbits</p> <p>Sign up due by 10:00am 1/30</p>	<p>5 RAY'S WEENIE DAY <i>In remembrance of Ray</i></p>  <p>Hot Dog</p> <p>With All The Fixings Cole Slaw Baked Beans Diced Pears Potato Chips</p> <p>Sign up due by 10:00am 1/28</p>	<p>6</p> <p>Meatloaf w/Gravy</p> <p>Herb Roasted Potatoes</p> <p>Creamy Cucumber Salad</p> <p>Mandarin Oranges</p> <p>WG Wheat Bread</p> <p>Sign up due by 10:00am 2/3</p>	<p>7</p> <p>Roasted Pork Loin w/Sweet Onion Gravy</p> <p>Peas & Mushrooms</p> <p>Garlic Mashed Potatoes</p> <p>Fruit Cocktail</p> <p>WG Wheat Bread</p> <p>Sign up due by 10:00am 2/4</p>
<p>10</p> <p>Honey BBQ Beef Rib</p> <p>Fresh Cole Slaw</p> <p>Fiesta Black Beans</p> <p>Fruited Yogurt</p> <p>WG Sandwich Roll</p> <p>Sign up due by 10:00am 2/5</p>	<p>11</p> <p>Chicken Coq Au Vin</p> <p>WG Brown Rice Pilaf</p> <p>Mixed Vegetables</p> <p>Sliced Apple Snack Pack</p> <p>WG Wheat Bread</p> <p>Sign up due by 10:00am 2/6</p>	<p>12</p> <p>Salisbury Steak w/Gravy</p> <p>Roasted Potatoes</p> <p>Harvard Beets</p> <p>Amish Navy Bean Salad</p> <p>WG Wheat Bread</p> <p>Sign up due by 10:00am 2/7</p>	<p>13 New Item</p> <p>White Bean Chicken Chili</p> <p>Yellow Rice Pilaf</p> <p>WG Corn Muffin</p> <p>Sign up due by 10:00am 2/10</p>	<p>14 SPECIAL ♥</p> <p>Roast Eye Round of Beef</p> <p>Red Skinned Potatoes</p> <p>♥ Gravy ♥</p> <p>Copper Pennies</p> <p>Green Bean Casserole</p> <p>♥ Cherry Pie ♥</p> <p>Sign up due by 10:00am 2/6 ♥</p>
<p>17</p> <p>★ Presidents' Day ★</p> <p>★ CENTER CLOSED ★</p>	<p>18</p> <p>Chicken Breast w/Creamy Artichoke Sauce</p> <p>Lemon Rice Pilaf</p> <p>Seasoned Green Beans</p> <p>Cinnamon Apple Slices</p> <p>WG Wheat Bread</p> <p>Sign up due by 10:00am 2/12</p>	<p>19</p> <p>Soft Taco WW Tortilla</p> <p>Sour Cream, Cheddar Cheese, Lettuce & Salsa</p> <p>Ranchero Pinto Beans</p> <p>Sign up due by 10:00am 2/13</p>	<p>20</p> <p>Pot Roast w/Burgundy Gravy</p> <p>Roasted Potatoes</p> <p>Seasoned Greens</p> <p>Mandarin Oranges</p> <p>WG Wheat Bread</p> <p>Sign up due by 10:00am 2/14</p>	<p>21</p> <p>Chicken Caccitore</p> <p>WG Brown Rice</p> <p>Buttered Carrots</p> <p>Green Pea & Red Pepper Salad</p> <p>WG Wheat Bread</p> <p>Sign up due by 10:00am 2/18</p>
<p>24 SUB</p> <p>Danish Ham Sub</p> <p>Swiss Cheese</p> <p>Lettuce, Tomato & Onion Club Roll</p> <p>Potato Salad</p> <p>Cole Slaw</p> <p>Fruit Cocktail</p> <p>Sign up due by 10:00am 2/13</p>	<p>25 New Item</p> <p>Cuban Black Bean Soup <i>w/Sour Cream</i></p> <p>Tuna Salad Sandwich <i>w/Lettuce & Tomato</i></p> <p>Copper Pennies</p> <p>Hot Cinnamon Apples</p> <p>WG Wheat Bread</p> <p>Sign up due by 10:00am 2/20</p>	<p>26</p> <p>Creamy Ranch Chicken</p> <p>Yellow Rice Pilaf</p> <p>Peas & Carrots</p> <p>Chickpea Salad</p> <p>WG Wheat Bread</p> <p>Sign up due by 10:00am 2/21</p>	<p>27 SUB</p> <p>Meatball Sub</p> <p>WG Wheat Italian Roll</p> <p>Seasoned Green Beans</p> <p>Mandarin Oranges</p> <p>Sign up due by 10:00am 2/24</p>	<p>28</p> <p>Chicken Paprika</p> <p>WG Lemon Rice Pilaf</p> <p>Wax Bean & Green Bean Medley</p> <p>Cinnamon Applesauce</p> <p>WG Wheat Bread</p> <p>Sign up due by 10:00am 2/25</p>
<p>Reservation Required by posted sign up date.</p> <p><i>To reserve a lunch fill out the colored lunch reservation book located in the hallway outside the dinning room by the specified date. Cost of lunch for center members 60+ is a donation up to \$6.31 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$6.31. Spouses of adults over 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.31.</i></p>			<p>In Memory of Ray Coluzzi Ray volunteered at the Senior Center making the monthly lunch menu and birthday calendars for over 10 years.</p> 	<p>♥ NOTE THE ♥</p> <p>SPECIAL VALENTINES DAY LUNCH</p> <p>♥ FEB. 14TH ♥</p>