

Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: January 25, 2023

Start Time: 10:00am

Location: Virtual on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Carol Wheatley

Topic	Discussion
Attendance – COAD members in bold	Gina Valentine, Carol Wheatley , Cheri Ebaugh, Cheryl Steinbacher , Chuck Kinney, jill, Dan Anderson , Dave Drezner, Diann Linton , James McCarron , Jeff Dogitz, Joe Vigliotti, Judith Walker, Lauren Hickey , Laurie Stover, Louis Yeager, Marissa Zaccaginni , Patricia Dodd , Richard Ottone, Bobbie Lawrence, Matthew Shovlin, Lauren Harrison, Larry Burbank
Acronyms	AAA - Area Agency on Aging, ADA - American’s w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities, CDSMP – Chronic Disease Self-Management Program, CTS – Carroll Transit System, CIL - Center for Independent Living, DSS – Department of Social Services, FFP – Federal Financial Participation, HSP – Human Services Programs of Carroll County, LTAC – Long Term Advisory Council, LTCOP - Long Term Care Ombudsman Program, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MASCC – Mt. Airy Senior & Community Center, MDH - Maryland Department of Health, MDoA – Maryland Department of Aging, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NCSCC – North Carroll Senior & Community Center, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALS - Senior Assisted Living Subsidy program, SCSCC – South Carroll Senior & Community Center, SHIP - State Health Insurance Assistance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, TSCC – Taneytown Senior & Community Center, VTV – Village to Village, WEAAD – World Elder Abuse Awareness Day, WSCC – Westminster Senior & Community Center.
Call to Order/Introductions – Jim McCarron	Jim McCarron called the meeting to order and welcomed everyone.
Establishment of a Quorum – Jim McCarron	A quorum was established with seven voting members present.
Approval of Minutes – Jim McCarron	Jim requested approval of the November 2022 minutes as submitted. Cheryl Steinbacher motioned, and it was seconded by Louis Yeager. With a vote, all were in favor to approve as submitted.

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<p>Commissioner's Comments –</p>	<p>Commissioner Vigliotti introduced himself to the group. Emphasized his perspective that everyone has purpose and value. He is excited to be apart of the Committee and growing that relationship.</p>
<p>Bureau of Aging & Disabilities</p>	<p><u>Senior Centers Update – Rich Ottone</u></p> <ul style="list-style-type: none"> • Over the past 2-3 weeks there has been a jump in the attendance in Senior Centers of over 30% from the beginning of the year. • Discontinuing Grab & Go meals February 1st. Federal State of Emergency ending in February and will go back to pre-pandemic function. Will still have home delivery service through meals on wheels. • Westminster/ mount Airy/ South Carroll AARP tax return (basic) assistance. • Senior inclusion program full capacity. Since March of 2020, 15 new people brought into SIP <p><u>Program Updates – Bobbie Lawrence</u></p> <ul style="list-style-type: none"> • Saturday March 25th, 2023 ‘protecting our youths in changing world’ Grandparent Conference • February 25th, 2023 – Hands on Skills for Caregivers class at Carroll Community College. Free event with registration • Veteran Services fully staffed, MAP options counselor hired; Julie McGraw, MAP Coordinator of Case Management Services will be moving to full time • Over 400 individuals served for open enrollment, 4 volunteers with SHIP program which ended in December <p><u>AARP Age Friendly Community Initiative Update – Gina Valentine</u></p> <ul style="list-style-type: none"> • One applicant coming up for interview. AARP age friendly community initiative
<p>Old Business</p>	<p><u>Currently COAD Openings –</u></p> <p>A. Current COAD Openings</p> <ol style="list-style-type: none"> i. Veterans opening- Jack Curran submitting application ii. Finksburg – Still open, pass names to Gina. They must be veterans. iii. union Bridge Open- (Lauren submitted application, pending commissioners review) <p>B. MD Alliance of Disability Commissions Update Carol Wheatly- postponed until February</p>

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<p>New Business – JimMcCarron</p>	<p><u>A. Rec and Park Update – Jeff Degitz</u></p> <ul style="list-style-type: none"> • Growing number of comments of e-bikes on Hashawa natural trails. Park ordinance currently prohibits. • County ordinance board advisory board meeting Feb. 22nd 7pm at County Office building • Update department strategic brand- will share information with group to receive input <p><u>C. Discussion about Returning to In-Person Meetings</u></p> <ul style="list-style-type: none"> • Gina proposes meetings be moved to in person moving forward for March. Either in WCC or Bureaus of Aging, discuss the remainder of the year’s meetings at that point in time <p><u>D. Presentation</u></p> <ul style="list-style-type: none"> • Lauren Harrison- Carroll County Health Department: Diabetes Prevention Program (DPP)- year long CDC evidence based FREE lifestyle change program designed to decrease risk of developing Type 2 diabetes. Must be at least 18 years, overweight with a BMI over 25, pre-diabetes screening. • Laurie Stover- weight Loss Support Group: TOPS (1948) membership organization- Take off Pounds Sensibly. (9:00am Tuesdays Carroll Hospital/ 5:30pm Weds. St Paul Church of Christ). Flyers to be shared with the group.
<p>Area Reports – COADMmembers</p>	<p><u>Carol Wheatley – COAD Members</u></p> <p>a. Needs in your area Carol requesting map of food pantries in Carroll County for resources</p> <ul style="list-style-type: none"> • Diann Mt. Airy- February 4th Commissioners coming to Town Hall. Transit issues between Frederick and Carroll. Pick up points designated to take between counties. • Cheryl- no new updates • Lauren Hickey- no new updates • Amy Baker- no area update- outreach to individuals who are facing homelessness. Will provide contact info and share with CoC homelessness meeting. Including those with disabilities and facing addiction crisis. Multiple services offered across county. • Gina: annual federal report due / World Elder Abuse Day June 15th, 2023- updates to follow.
<p>Public Comment</p>	<p>No comment.</p>

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Next Meeting Date	Next meeting is Wednesday, March 22,2023 at 10am. Virtual meeting information will be provided prior to then.
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