

**October 2024 Menu North Carroll Lunch** MENU SUBJECT TO CHANGE WITHOUT NOTICE

Cost of lunch for center members 60+ is a donation up to \$6.09 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$6.09. Spouses of adults 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.09.

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Meatloaf w/Gravy Roasted Potatoes Cucumber Salad Mandarin Oranges Bread/Juice/Milk RSVP BY 9/27 @ 10 AM	2. Roast Pork Loin w/Gravy Mashed Potatoes Peas & Mushrooms Fruit Cocktail Bread/Juice/Milk RSVP BY 9/30 @ 10 AM	3. BBQ Rib Patty Sandwich Fiesta Black Beans Cole Slaw Juice Yogurt RSVP BY 10/1 @ 10 AM	4. Chicken Breast Au Vin Brown Rice Pilaf Mixed Vegetables Apple Snack Pack Bread/Juice/Milk RSVP BY 10/2 @ 10 AM
7. Salisbury Steak w/Gravy Roasted Potatoes Harvard Beets Navy Bean Salad Bread/Juice/Milk RSVP BY 10/3 @ 10 AM	8. Turkey Cutlet w/Gravy Mashed Potatoes Dilled Carrots Fruit Cocktail Bread/Juice/Milk RSVP BY 10/4 @ 10 AM	<b>9. HAM &amp; CHEDDAR SUB DAY</b> <b>Potato Salad</b> <b>Cole Slaw</b> <b>Fruit/Milk</b> <b>RSVP BY 10/2 @ 10 AM</b>	10. Maple Glazed Ham Au Gratin Potatoes Braised Cabbage Fruit/Bread/Juice/Milk RSVP BY 10/8 @ 10 AM	11. Roast Chicken w/ Artichoke Sauce Yellow Rice Pilaf Green Beans Fruit/Bread/Juice/Milk RSVP BY 10/9 @ 10 AM
<b>14.</b>  <b>CENTER CLOSED</b>	15. Pot Roast w/Gravy Roasted Potatoes Seasoned Greens Mandarin Oranges Bread/Juice/Milk RSVP BY 10/11 @ 10 AM	<b>16. HOT DOG DAY</b> <b>Baked Beans</b> <b>Cole Slaw</b> <b>Diced Pears</b> <b>Milk</b> <b>RSVP BY 10/9 @ 10 AM</b>	<b>17. OKTOBERFEST SPECIAL</b> <b>Bratwurst w/Peppers</b> <b>Red Skinned Potatoes</b> <b>Braised Red Cabbage</b> <b>Waldorf Style Salad</b> <b>Juice/Milk/Dessert</b> <b>RSVP BY 10/10 @ 10 AM</b>	18. Tuna Salad Sandwich Multibean Soup Copper Pennies Salad Hot Cinnamon Apples Yogurt RSVP BY 10/16 @ 10 AM
21. Ranch Chicken Breast Yellow Rice Pilaf Peas & Carrots Moroccan Beet Salad Bread/Juice/Milk RSVB BY 10/17 @ 10 AM	22. Meatball Sub Seasoned Green Beans Mandarin Oranges Juice Milk RSVP BY 10/18 @ 10 AM	23. Chicken Breast Paprika Lemon Rice Pilaf Wax & Green Beans Cinnamon Applesauce Bread/Juice/Yogurt RSVP BY 10/21 @ 10 AM	<b>24. BREAKFAST FOR LUNCH</b> <b>Cheese Omelet</b> <b>Sausage Patty</b> <b>Roast Potatoes</b> <b>Pancakes</b> <b>Fruit/Juice/Milk</b> <b>RSVP BY 10/17 @ 10 AM</b>	25. Pork Loin w/Gravy Seasoned Kale Cucumber Salad Apple Slice Snack Pack Bread/Juice/Milk RSVP BY 10/23 @ 10 AM
28. Chicken Fajitas Tortilla Mexican Rice Diced Peaches Juice/Milk RSVP BY 10/23 @ 10 AM	29. Sliced Corn Beef Mashed Potatoes Braised Red Cabbage Corn & Pea Salad Fruit/Bread/Juice/Milk RSVP BY 10/25 @ 10 AM	30. Pasta Bake Greek Cucumber Salad Bread Juice Milk RSVP BY 10/28 @ 10 AM	<b>31. HAMBURGER SPECIAL</b> <b>Baked Beans</b> <b>Cole Slaw</b> <b>Diced Pears</b> <b>Milk</b> <b>RSVP BY 10/24 @ 10 AM</b>	