



# South Carroll Senior Center

## AUGUST LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Note The  
"Summer  
Special"  
AUGUST  
21st.



Site Council  
Fundraiser  
August 13<sup>th</sup>

**Reservation Required**  
by posted sign up date.

To reserve a lunch fill out the colored lunch reservation book located in the hallway outside the dining room by the specified date. Cost of lunch for center members 60+ is a donation up to \$6.31 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$6.31. Spouses of adults over 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.31.

1  
Chicken Cordon Blue Sandwich  
(Ham, Cheese, Lettuce & Tomato)  
WG Sandwich Roll  
Broccoli Salad  
(w/Cranberry Orange Dressing)  
Baked Beans  
Fruited Yogurt  
**Sign up due by 10:00am 7/29**

4  
Beef Pot Roast Au Jus  
(Horseradish Cream Sauce)  
WG Sandwich Bun  
Honey Roasted Beets  
Fresh Cole Slaw  
  
**Sign up due by 10:00am 7/30**

5 **NEW**  
Creamy Chicken Casserole  
Yellow Rice Pilaf  
Seasoned Green Beans  
Diced Peaches  
WG White Wheat Bread  
  
**Sign up due by 10:00am 7/31**

6  
Meatloaf w/Gravy  
Herb Roasted Potatoes  
Creamy Cucumber Salad  
Mandarin Oranges  
WG White Wheat Bread  
  
**Sign up due by 10:00am 8/1**

7 **NEW**  
Roasted Pork Loin w/Dijon Cream Sauce  
Okra & Tomatoes  
Garlic Mashed Potatoes  
Fruit Cocktail  
WG White Wheat Bread  
  
**Sign up due by 10:00am 8/4**

8 **SPECIAL**  
Hot Dog  
Hot Dog Roll  
Vegetarian Beans  
Fruit  
  
**Sign up due by 10:00am 7/31**

11 **NEW**  
Chicken Breast Fricassee  
WG Brown Rice Pilaf  
Mixed Vegetables  
Sliced Apple Snack Pack  
WG White Wheat Bread  
  
**Sign up due by 10:00am 8/6**

12  
Salisbury Steak w/ Mushroom Gravy  
Roasted Potatoes  
Seasoned Greens  
WG White Wheat Bread  
Amish Navy Bean Salad  
  
**Sign up due by 10:00am 8/7**

13 **FUNDRAISER**  
**Jersey Mike's Sub Italian Cold Cut**  
(Lettuce, Tomato, Onion w/Oil & vinegar & Hots on the side)  
Cookie & Chips  
This lunch will cost \$15 or you can have a boxed lunch by donation. Sign up and pay with Brad from **July 21<sup>st</sup> to August 1<sup>st</sup>**. Proceeds go towards the Site Council.

14  
Cream of Broccoli Soup  
BBQ Chicken Sandwich  
WG Hamburger Roll  
Fresh Red Cabbage Slaw  
Fruited Yogurt  
  
**Sign up due by 10:00am 8/11**

15 **SUB**  
Turkey & Cheese Sub  
(Lettuce, Tomato & Onion)  
Kaiser Roll  
Potato Salad  
Cole Slaw  
Fruit Cocktail  
  
**Sign up due by 10:00am 8/7**

18  
Chicken Breast w/Creamy Artichoke Sauce  
Lemon Rice Pilaf  
Seasoned Green Beans  
WG White Wheat Bread  
Cinnamon Apple Slices  
  
**Sign up due by 10:00am 8/13**

19  
Lentil & Spinach Soup  
Tuna Salad Sandwich  
(Lettuce & Tomato)  
WG White Wheat Bread  
Corn & Edamame  
Applesauce  
  
**Sign up due by 10:00am 8/14**

20  
Pot Roast of Beef Chasseur  
Roasted Potatoes  
WG White Wheat Bread  
Seasoned Greens  
Mandarin Oranges  
  
**Sign up due by 10:00am 8/15**

21 **SUMMER LUAU**  
Pulled Pork BBQ Sandwich  
WG Sandwich Roll  
Cold Broccoli Salad  
Sweet Potatoes  
Pineapple Tidbits  
Coconut Cream Pie  
  
**Sign up due by 10:00am 8/13**

22  
Pepperjack Cheeseburger  
(Lettuce & Tomato)  
WG Sandwich Roll  
Fresh Broccoli Slaw  
Tropical Fruit  
Fruited Yogurt  
  
**Sign up due by 10:00am 8/19**

25  
Tuna Noodle Casserole  
WG White Wheat Bread  
Chickpea & Tomato Salad  
Hot Cinnamon Apples  
  
**Sign up due by 10:00am 8/20**

26  
Chicken Breast w/Ranch Cream Sauce  
Yellow Rice Pilaf  
WG White Wheat Bread  
Peas & Carrots  
Pineapple Tidbits  
  
**Sign up due by 10:00am 8/21**

27 **SUB**  
Meatball Sub  
WG White Wheat Roll  
Seasoned Green Beans  
Mandarin Oranges  
  
**Sign up due by 10:00am 8/22**

28 **NEW**  
Turkey Florentine  
WG Lemon Rice Pilaf  
WG White Wheat Bread  
Zucchini & Tomato Salad  
Cinnamon Applesauce  
Fruited Yogurt  
  
**Sign up due by 10:00am 8/25**

29 **NEW**  
Split Pea Soup  
Chicken Caesar Salad  
WG Cornbread Loaf  
WG White Wheat Bread  
Hot Spiced Apples  
  
**Sign up due by 10:00am 8/26**