

HOT Lunches *Westminster Senior Center* OCTOBER 2024

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.

Meal Price: 60 Years Old & Up = **HOT LUNCH Donation Up To \$6.09, includes accompanying younger spouses;**

Under 60 Years Old = **Full Price \$6.09, Paid Directly To Assistant Director NAME:**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1	2	3	4
	<p>RSVP 9/25/24</p> <p>MEATLOAF W/ GRAVY HERB ROASTED POTATOES CREAMY CUCUMBER SALAD WHEAT BREAD MANDARIN ORANGES</p>	<p>RSVP 9/25/24</p> <p>PORK LOIN SWEET ONION GRAVY PEAS & MUSHROOMS GARLIC M. POTATOES WHEAT BREAD FRUIT COCKTAIL CHOC. MILK</p>	<p>RSVP 9/25/24</p> <p>HONEY BBQ BEEF RIB PATTY ON ROLL FIESTA BLACK BEANS COLE SLAW YOGURT</p>	<p>RSVP 9/25/24</p> <p>CHICKEN BREAST COQ AU VIN BROWN RICE PILAF MIXED VEGETABLES WHEAT BREAD APPLE SNACK PACK</p>
7	8	9	10	11
<p>RSVP 10/1/24</p> <p>SALISBURY STEAK GRAVY ROASTED POTATOES HARVARD BEETS WHEAT BRAED AMISH BEAN SALAD</p>	<p>RSVP 10/1/24</p> <p>VEGGIE SOUP TUNA SALAD / ROLL LETTUCE / TOMATO POTATO SALAD THREE BEAN SALAD MANDARIN ORANGES</p>	<p>SPECIAL SUB DAY RSVP 10/1/24</p> <p>SLICED HAM & CLUB ROLL CHEDDAR CHEESE CONDITMENTS COLE SLAW POTATO SALAD FRUIT COCKTAIL</p>	<p>RSVP 10/1/24</p> <p>MAPLE PEACH GLAZED HAM AUGRATIN POTATOES BRAISED CABBAGE WHEAT BREAD PINEAPPLE TIDBITS CHOCOLATE MILK</p>	<p>RSVP 10/1/24</p> <p>ROAST CHICKEN W/ CREAMY ARTICHOKE SAUCE YELLOW RICE PILAF SEASONED GREENS WHEAT BREAD CINNAMON APPLE SLICES</p>
14	15	16	17	18
<p>CLOSED</p> 	<p>RSVP 10/8/24</p> <p>ROAST BEEF & BURGUNDY GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD MANDARIN ORANGES</p>	<p>RSVP 10/8/24</p> <p>CHICKEN CACCITORE BROWN RICE BUTTERED CARROTS WHEAT BREAD GREEN PEA & RED PEPPER SALAD</p>	<p>SPECIAL OKTOBERFEST RSVP 10/8/24</p> <p>BRATWURST W/ ONIONS & PEPPERS CLUB ROLL BRAISED RED CABBAGE RED SKIN POTATOES WALDORF SALAD DESSERT / CIDER</p>	<p>RSVP 10/8/24</p> <p>TOMATO BEAN SOUP TUNA SALAD SANDWICH COPPER PENNIES HOT CINNAMON APPLES YOGURT</p>
21	22	23	24	25
<p>RSVP 10/15/24</p> <p>CREAMY RANCH CHICKEN YELLOW RICE PILAF PEAS & CARROTS WHEAT BREAD MOROCCAN BEET SALAD</p>	<p>RSVP 10/15/24</p> <p>MEATBALL SUB CHEESE GARNISH WHEAT ITALIAN ROLL GREEN BEANS MANDARIN ORANGES</p>	<p>RSVP 10/15/24</p> <p>CHICKEN BREAST PAPRIKA LEMON RICE PILAF GREEN AND WAX BEAN MEDLEY WHEAT BREAD CINNAMON APPLESAUCE YOGURT</p>	<p>RSVP 10/15/24</p> <p>SPLIT PEA SOUP CHICKEN SALAD SANDWICH LETTUCE / TOMATO COLE SLAW TROPICAL FRUIT (FIRST DAY EARLY VOTING)</p>	<p>RSVP 10/15/24</p> <p>CHICKEN SANDWICH ROLL BROCCOLI FRUIT CUP JUICE AND MILK</p>
28	29	30	31	
<p>RSVP 10/21/24</p> <p>CHICKEN FAJITAS TORTILLA SOUR CREAM MEXICAN RICE PEACHES</p>	<p>RSVP 10/21/24 BOX LUNCH ONLY</p> <p>TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE</p>	<p>RSVP 10/21/24</p> <p>WG PASTA BAKE WHEAT BREAD GREEK CUCUMBER TOMATO SALAD</p>	<p>RSVP 10/21/24</p> <p>HOT DOG MEAL CNDITMENTS BAKED BEANS COLE SLAW DICED PEARS (LAST DAY EARLY VOTING)</p>	<p>1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch</p>

COLD Lunches *Westminster Senior Center* OCTOBER 2024

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Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Meal Price: 60 Years Old & Up = **COLD LUNCH Donation Up To \$6.99**, includes accompanying younger spouses;

Under 60 Years Old = **Full Price \$6.99**, Paid Directly To Assistant Director

Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the HOT side of the menu, on the day of the substitution.

Write name on the menu & turn in white copy.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 RSVP 9/25/24</p> <p>TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE</p>	<p>2 RSVP 9/25/24</p> <p>COLD FRIED CHICKEN PATTY ON ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE</p>	<p>3 RSVP 9/25/24</p> <p>EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>4 RSVP 9/25/24</p> <p>TURKEY & CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>
<p>7 RSVP 10/1/24</p> <p>CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p>8 RSVP 10/1/24</p> <p>COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>9 RSVP 10/1/24</p> <p>CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>	<p>10 RSVP 10/1/24</p> <p>HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>11 RSVP 10/1/24</p> <p>TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE</p>
<p>14 RSVP 10/8/24</p> <p>CLOSED</p>	<p>15 RSVP 10/8/24</p> <p>TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE</p>	<p>16 RSVP 10/8/24</p> <p>COLD FRIED CHICKEN PATTY ON ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE</p>	<p>17 RSVP 10/8/24</p> <p>EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>18 RSVP 10/8/24</p> <p>TURKEY & CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>
<p>21 RSVP 10/15/24</p> <p>CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p>22 RSVP 10/15/24</p> <p>COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>23 RSVP 10/15/24</p> <p>CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>	<p>24 RSVP 10/15/24</p> <p>HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>25 RSVP 10/15/24</p> <p>TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE</p>
<p>28 RSVP 10/21/24</p> <p>BOLOGNA, SALAMI & CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p>29 RSVP 10/21/24</p> <p>TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE</p>	<p>30 RSVP 10/21/24</p> <p>COLD FRIED CHICKEN PATTY ON ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE</p>	<p>31 RSVP 10/21/24</p> <p>EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	